

SCI: MASSAGE, REFLEXOLOGY and SIMILAR

DEFINITIONS

Massage

To manually manipulate any part of body usually for medicinal or relaxation purposes.

Reflexology

Uses pressure and massage on reflex points of feet.

Similar

Similar treatments that require the manual manipulation or application of pressure on clients body including; Acupressure, Anthroposophical Medicine, Aromatherapy, Ayurvedic Medicine, Body Talk, Bowen Technique, Champissage (Indian Head Massage), Emotional Freedom Technique, Facials (if massage part of treatment), Fairbairn Method, Tangent Method, Freeway-Cer, Grinberg Method, Gyrotonic Massage, Holistic Massage, Hot Air Massage, Ken Eyerman Technique, Manual Lymphatic Drainage, Marma Therapy, Meta Aromatherapy, Metamorphic Technique, Osteomyology, Polarity Therapy, Qi Gong, Rolfing, Shiatsu, Stone Therapy, (TAT) Tapas acupressure Technique, Thai Massage and Tui-Na. This list is not exhaustive.

TERMS AND CONDITIONS

1. THERAPISTS

Only suitably qualified therapists may provide massage, reflexology and similar treatments. Qualifications must be from an awarding organisation regulated by Ofqual (<https://www.gov.uk/find-a-regulated-qualification>) or be from an approved training provider as agreed by the Council in writing.

2. AGE RESTRICTIONS

No one under the age of 16 will be permitted to have massage treatments without a parent or guardian being present and signing the consent form.

3. PROHIBITED ACTIVITIES

Sexual contact (including any contact with client genitalia) is strictly prohibited. Any allegations or concerns relating to such activities will be investigated and information shared with the police.

4. CLIENT CONSULTATION

A full client consultation must be carried out prior to any treatment. This must include a thorough medical history in relation to the treatment being requested and full explanation of any possible contra-indications.

Where any medical conditions exist, the client must confirm to the therapist that they have taken advice from their GP regarding the treatment before any treatment can be commenced.

5. VISUAL ASSESSMENT

An assessment of the condition of the area to be massaged must be carried out prior to commencing treatment. Where necessary notes/diagrams should be made regarding conditions, areas not to be treated.

Massage must not be carried out on or within 10cms of an infected area of skin, a rash, cut, broken skin or other wound.

6. PERSONAL HYGIENE

Persons carrying out treatments must ensure that:-

- their hands are kept clean and are washed immediately prior to carrying out a treatment,
- they maintain a high degree of personal cleanliness and wear suitable, clean and appropriate protective clothing,
- they do not smoke or consume food or drink during the course of a treatment.

Persons shall not administer treatments whilst afflicted by either a known or suspected ailment or being a carrier of a disease likely to be transmitted during treatment.

Persons carrying out treatments shall ensure that any open sores, cuts, boils, broken skin or other open wounds are effectively covered with waterproof impermeable dressings. If such cuts are on the hands gloves shall be worn over the waterproof dressings.

7. INFECTION CONTROL

(a) Couches must be wiped with a suitable disinfectant between clients.

(b) If towels are used, they must be changed between clients, clean towels must be provided for each client.

(c) Couch roll must be changed between clients.

For information on the level of disinfection required for different furniture, fittings and equipment see General Terms and Conditions, Part II, Item 24.

8. AFTERCARE ADVICE

Appropriate aftercare advice must be provided following each treatment. This must include information on actions to take if any adverse conditions occur. Where possible this should be given in a written form that the client can take away.