

SC2: NAIL TREATMENTS

DEFINITIONS

Nail Treatments

Any, or all, of the following: manicure, pedicure, nail extensions, nail art and artificial nails of any kind are considered as nail treatments Also includes; treatments of the hands, feet, finger nails or toe nails which may include scrubbing, massage, cutting, filing, varnishing and cuticle removal.

TERMS AND CONDITIONS

1. THERAPISTS

Only suitably qualified therapists may provide nail treatments. Qualifications must be from an awarding organisation regulated by Ofqual (<https://www.gov.uk/find-a-regulated-qualification>) or be from an approved training provider as agreed by the Council in writing.

2. AGE RESTRICTIONS

No one under the age of 16 will be permitted to have nail treatments without a parent or guardian being present and signing the consent form.

3. CLIENT CONSULTATION

A client consultation must be carried out prior to any treatment. This must include a medical history in relation to the treatment being requested, and full explanation of any possible contra-indications.

Where any medical conditions exist, the client must confirm to the therapist that they have taken advice from their GP regarding the treatment before any treatment can be commenced.

4. VISUAL ASSESSMENT

An assessment of the condition of the hands and nails and/or feet and toenails must be carried out prior to commencing treatment. Treatments must not be carried out on damaged or infected nails or within 10cms of an infected area of skin, a rash, cut, broken skin or other wound.

Where necessary notes/diagrams should be made regarding conditions, areas not to be treated.

5. PERSONAL HYGIENE

Persons carrying out treatments must ensure that:-

- their hands are kept clean and washed immediately prior to carrying out a treatment,
- they maintain a high degree of personal cleanliness and wear suitable, clean and appropriate protective clothing,
- they do not smoke or consume food or drink during the course of a treatment.

Persons shall not administer treatments whilst afflicted by either a known or suspected ailment or being a carrier of a disease likely to be transmitted during treatment.

Persons carrying out treatments shall ensure that any open sores, cuts, boils, broken skin or other open wounds are effectively covered with waterproof impermeable dressings. If such cuts are on the hands gloves shall be worn over the waterproof dressings.

6. INFECTION CONTROL

(a) All reusable metal equipment such as cuticle clippers must be washed and scrubbed in general purpose detergent (e.g. washing up liquid) and water. Once physically clean the equipment must be

dried and disinfected to appropriate level for its intended use. Disinfectants must be used in accordance with manufacturer's instructions.

(b) Clean equipment must be stored in a clean, dry containers until use.

(c) Any equipment that cannot be disinfected is considered single use and must be disposed of after each client. All nail files and blocks will be considered single use unless there is a specific chemical designed for effective disinfection of these items onsite, stored within bottle with manufacturer original label that describes product and instructions for use. If any bleeding in treatment area during treatment any files/blocks must be immediately thrown away.

(d) All work surfaces must be cleaned after each client with a suitable general-purpose detergent and disinfected to appropriate level.

(e) Towels and/or couch roll must be changed between clients.

(f) Nail technicians must either sanitise the client's hands/feet prior to treatment with a suitable skin sanitising product or must direct the client to wash their hands/feet immediately prior to treatment, unless feet washing is part of treatment.

(g) Food and drink must not be consumed in treatment areas.

For information on the level of disinfection required for different furniture, fittings and equipment see General Terms and Conditions, Part II, Item 23.

8. ELECTRIC DRILLS/FILES

(a) The use of electric drills/files on a client's natural nail is prohibited.

(b) Electric drills/files may only be used on the surface of the artificial nail and must not be used to blend the artificial nail to the natural nail.

(c) Only persons with specific training in the use of electric drills/files, and who are competent in their use, are permitted to use them.

9. VENTILATION

Where nail extensions are carried out suitable extraction and/or ventilation must be provided to remove dust and chemicals from the air, preferably fitted at work top level.

10. CHEMICAL USAGE

The use of products containing Methyl methacrylate (MMA) is prohibited.

11. AFTERCARE ADVICE

Appropriate aftercare advice must be provided following each treatment. This must include information on actions to take if any adverse conditions occur. Where possible this should be given in a written form for the client to take away.