

Royal Greenwich – a great place to grow up!

Dear Providers

First of all – a huge thank you to a phenomenal effort in keeping calm during one of the most turbulent terms we have ever experienced. The past few months have tested us in more ways than we would have imagined at the beginning of 2020 – both in our personal lives as well as professionally. We are really proud in Greenwich of our providers – you all work so hard with dedication and commitment to keeping children safe and helping them grow and learn in caring, nurturing environments whether in person in your small bubbles, remotely via the powers of the internet or by regular phone calls.

Staff wellbeing and preparing children for more change in September are going to be challenges for the term ahead but please make the most of the summer months – outdoors as much as you can. Be sure to find time to rest for leaders and managers too.

This term we say goodbye to our wonderful colleague, Evan, who is taking the opportunity of the lockdown to move to a beautiful idyllic rural spot. We will miss them very much. This does mean that we have a vacancy in the service and are inviting expressions of interest – for staff or childminders who are interested in a secondment opportunity.

We are around for Summer – especially for Autumn plans, 30 hour checks and support for summer provision. Don't forget we have Healthy Early Years training on Tues 21 July at 19:00 and will be supporting you to get registered for the Mayor of London awards scheme. This edition covers some of the work we can do around antiracism look out for trainings coming soon.

We wish you all a good Summer from us,

Kallie – Team Leader, Kerry, Elaine, Evan & Rebecca – Advisors, Danielle & Janet – Funding



Main telephone lines are not available but if you provide a phone number we will call you right back and speak to you in person – we are open 9am – 5pm Mon - Fri.

Parents FIS@royalgreenwich.gov.uk

Providers Childcare-support@royalgreenwich.gov.uk

Live Zoom call face to face – to schedule your slot, email childcare-support@royalgreenwich.gov.uk

Trainings & Briefings. Please download free Zoom app on device of your choice

<https://zoom.us/download>

📅 Book via usual Direct Services to Schools training link below. For info email eyc.training@royalgreenwich.gov.uk

[http://servicestoschools.royalgreenwich.gov.uk/courses/private,-voluntary-and-independent-\(pvi\)-and-childminders](http://servicestoschools.royalgreenwich.gov.uk/courses/private,-voluntary-and-independent-(pvi)-and-childminders)

Log in to Zoom at least 5min before scheduled time with microphone on mute

Date	Time	FREE Training
Tues 21 July	19:00 – 20:30	Healthy Eating on a budget – part of HEY London First Steps menu planning and Bronze award pathway

*****SECONDMENT OPPORTUNITY *****

6 month FIXED TERM

Early Years & Childcare Advisor

post vacancy to start in September

- Level 3 or above qualified
- experience of a leadership post in early years groupcare setting
- childminder with substantial experience working with the early years

Please submit an expression of interest with a short statement about your experience and commitment to driving up high quality in the early years

Email kaljit.schut@royalgreenwich.gov.uk

Paediatric First Aid PFA

The requirements in the EYFS on paediatric first aid certification have been modified and [statutory guidance on EYFS](#) has been published setting out what this means.

Modification in place up until **30 September 2020** (*with conditions*)

Royal Greenwich is setting up PFA to commence as soon as possible – it is likely to be a combination of blended training with part of it delivered online.

A register has been set up to prioritise providers to access subsidised training as soon as it is possible to safely deliver

1. Providers delivering funded places
2. Childminders
3. Already expired
4. Due to expire soon

To go on priority waiting list, send us your name, setting URN and copy of most recent PFA certificate

Eyc.training@royalgreenwich.gov.uk



Healthy Early Years London – more important than ever!

<https://www.london.gov.uk/what-we-do/health/healthy-early-years-london/get-an-award>

FREE Healthy Eating Training via Zoom

19:00 – 20:30 Tues 21 July

Who the training is for:

- Anyone who has been thinking about registering for HEY London
- If you have registered, but haven't yet completed the First Steps application
- If you attended the HEYL Launch in January and would like a refresher on menu planning
- If you have started your menu planning and would like some feedback

What to expect from the training:

- A summary of Healthy Early Years London (HEYL)
- Information about Healthy eating for early years
- How to create nutritious food provision and menus on a budget

What next ? HEYL Award Steps

- Register, sign up to Sugar Smart and carry out audit of healthy food provision and menu planning in relation to Voluntary Food & Drink Guidelines for Early Years Settings to complete **First Steps**
- Progress to **Bronze** audit - continue to meet Voluntary Food & Drink Guidelines and focus on healthy eating, oral health, breastfeeding and starting solids

1. First Steps

2. Bronze

3. Silver

4. Gold

Early Years Food Checklist for COVID- 19

Please follow this link for a checklist to help Early Years settings and their catering teams manage safe preparation and service of nutritious food. It has helpful guidelines for planning a food offer, looking after staff and children, and daily kitchen tasks.

https://www.foodforlife.org.uk/whats-happening/news/news-post/~media/files/resources/ey%20awards/food%20education/ffl_eycovichecklist_web.pdf

DFE and Ofsted updates

Childcare (Exemptions from Registration) Order 2008

DfE has made a technical amendment to Article 6 of [The Childcare \(Exemptions from Registration\) Order 2008](#) (the “2008 Order”) to ‘clarify’ when activity-based provision must register on the Early Years Register.

- activity-based provision must register on the Early Years Register where a child under the age of 5 attends the provision, including the activity and any time spent in the provision that is incidental to the activity, for **more than four hours in any one day**
- come into effect on **1 October 2020** to enable any providers who must be registered on the Early Years Register to take steps to register with Ofsted on its Early Years Register or adjust the way they operate if they wish to remain exempt from compulsory registration.

Early Years Foundation Stage Reforms

Government consultation response

July 2020

<https://www.gov.uk/government/consultations/early-years-foundation-stage-reforms>

Statutory framework for the early years foundation stage

Setting the standards for learning,
development and care for children from
birth to five

EYFS reforms early adopter version
July 2020

This framework is for schools participating in the EYFS reforms early adopter year from September 2020 to August 2021.

All other schools and childcare providers should follow the [early years foundation stage statutory framework \(EYFS\)](#)

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/896810/EYFS_Early_Adopter_Framework.pdf

Healthy Early Years London

New focus on babies' and children's health as review launches

<https://www.gov.uk/government/news/new-focus-on-babies-and-childrens-health-as-review-launches>

Led by Early Years Health Adviser Andrea Leadsom MP, the review will look at reducing inequalities in young children from birth to age 2-and-a-half, aiming to ensure every baby is given the best possible start in life.

The **first 1,000 days** of childhood are critical for development, and have a significant impact on physical health, mental health and opportunity throughout life.

However, children living in households in the lowest socio-economic groups have significantly worse health outcomes than other children. These can be caused by stress and smoking in pregnancy, as well as communication problems due to language inequalities.

The review is part of the government's commitment to levelling up the country and helping every child reach their full potential.

The review will seek to show how to reduce disparities in low birth weight, social and emotional development in early years, and reduce impacts of vulnerability and adverse childhood experiences in this stage of life.

Research from NHS England suggests that 1 in 5 mums and 1 in 10 dads experience mental health problems during pregnancy and after birth. Pregnancy can often be a trigger for domestic abuse, with between 15% and 30% of domestic violence cases starting during this time.

Professional Resources



Re-opening toolkit for early years settings

<https://www.pacey.org.uk/working-in-childcare/spotlight-on/coronavirus/reopening-settings-coronavirus>

If you are not a member of PACEY and need examples of any documents that are behind the paywall, the Early Years team at Greenwich can provide you with whatever support, advice or tools you need



early years alliance

Conducting visits to settings during the Coronavirus outbreak

<https://www.eyalliance.org.uk/conducting-nursery-visits-during-coronavirus-outbreak>



Coronavirus / COVID-19: nurseries and early years providers

https://www.ndna.org.uk/NDNA/Knowledge_Hub/Coronavirus_for_nurseries_early_years

Home Learning Environment

<https://hungrylittleminds.campaign.gov.uk/>



Early Years

Professional Development Programme

<https://www.earlyyearsdpd.com/course/>

<p>Interacting with your child</p>	<p>Using play to develop language</p>	<p>Creating Special Time at home</p>
<p>Developing your child's understanding</p>	<p>Choosing toys and activities</p>	<p>Developing listening and attention</p>
<p>Encouraging talking</p>	<p>Developing your child's vocabulary</p>	<p>Encouraging reluctant speakers to communicate</p>

TINY Happy PEOPLE

Your words build their world

<https://www.bbc.co.uk/tiny-happy-people>



Activities

Simple, fun and free activities to try with your baby. Just select the age of your child.



Tips and advice

Experts and parents give their advice on language learning and child development.

**BLACK
LIVES
MATTER**

Black Lives Matter : Early Years

Our shared community values

Blog in Nursery World by Laura Henry Allain

Actually, it does matter

Laura Henry-Allain, trainer, author and creator of the children's picturebook series Jo-Jo and GranGran

<https://www.nurseryworld.co.uk/opinion/article/actually-it-does-matter>

“I have so many examples of incidents of racism that I have personally experienced as well as others that I have witnessed within Early Years. I don't want to dwell on my own trauma in this area, because what is important is that change is needed and we ALL need to be solution driven and be uncomfortable, in order to get comfortable.

There are many other areas where folks need to check themselves on their bias, especially on how we exclude a range of voices. One thing that those in our sector could start asking organisers is how diverse is their event/group and what is their rationale and thought process around the individuals that they have asked to be involved. This isn't a solution to the systemic racism within the sector, but it will help in making sure that our events are inclusive. However, we need to look at discriminatory pedagogy practice and policy.

I have also noted that people have been busy in the last week sharing book lists... that feature black children and areas of anti-racism. As a writer of children's picture books and the creator of the characters of the first animation in the UK featuring a black British family, Jo Jo and GranGran, I feel that whilst they are a good place to start, books alone can seem tokenistic. It is not just books that will address racism, but the attitudes and beliefs of individuals. The change has to be with educators, starting with themselves and reflecting and recognising their own prejudices and privileges or indeed their unconscious racist behaviour. It is not helpful just to say that you do not see colour and that you treat everyone the same in a society where this clearly isn't the case....

Within the education chain, and Early Years, is where we can make a lasting difference to children's view of race... This means investment and not a one-off training day that ticks a box so that colleagues can say that they have done it. It is about ongoing dialogue, and respectful and honest conversations.

We all need to stop, look and listen, for the sake of the children, in order that the next generation does not need to experience racism, and so that educators have the tools to effectively challenge racism and make sure that their practice is indeed anti-racist.”

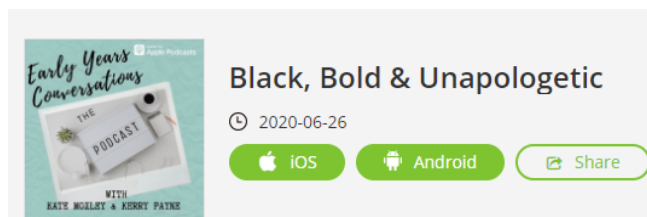
**Supporting
You to Raise
Antiracist Children**

Written by Laura Henry-Allain and Emma Worrollo

Contains information and tips to support the ongoing journey of raising anti-racist children

https://www.mattel.com/sites/mattel_mattelcom/files/2020-07/Supporting_you_to_raise_antiracist_children2.pdf

Anti-racism in the Early Years



Listen to a podcast of an early years conversation between with Liz Pemberton about her experiences of leading a day nursery where the majority of staff, children and their families are Black African Caribbean. <https://www.podbean.com/media/share/pb-mbfig-e04337>

Read a blog by Kate Moxley who reflects on what needs to be done in the early years sector to tackle racism. <https://wellnessforall.org.uk/2020/06/03/anti-racism-in-the-early-years/>

“I was taught, we treat all children and families the same regardless of their background, gender, disability, sexuality, race, religion, or ethnicity. In fact, how many of us have answered that, when asked in a job interview?

Yet over the years, we have come to understand and know better, we should recognise we are different, and that we treat individuals differently in order to offer equality of opportunity.

My career in EY over 24 years, has meant I have worked with people of colour all of my life, not only children and their families but colleagues too. I have in all sorts of ways learnt about different cultures, ethnicities and religions simply by caring for children and working with colleagues, learning to understand our different values, beliefs, and languages along the way.

However, it occurs to me that the message of, “I treat everyone the same”, has made me colour blind. I realise I naively did my job by wanting to make sure I welcomed and cared for children in the same way and I did treat all children the same regardless of the colour of their skin.

Why is this relevant to our EY? Because our workforce is diverse and we must value that as a strength and we must not be afraid to notice the colour of our skin, to talk about and celebrate our differences and cultures, and recognise the rich experiences this adds to the lives of us all.

I also think there may be many others like me, loving and caring for children blindly. Yet not realising these same young people of colour grow up into a world that does treat them differently because of the colour of their skin. We cannot play pretend any longer, how can we turn away without looking at ourselves and considering how we can all play a part in fighting for their future.

What we don't need in EY right now is token gestures, long gone are the days when you can proclaim you are a diverse setting just by having a copy of Handas surprise and a poster on the walls that ticks off cultural representation within your setting, but we know this still happens. How can we truly use ethnically diverse artefacts meaningfully in everyday ways that represent the cultures and backgrounds of children who attend our settings rather just doing what we have always done? A booklist is just not going to cut it.

As educators, we all have a responsibility to acknowledge racial differences and recognise unconscious bias that we all have within us, we can and must do better... Let us use our voices to turn to people of colour within our EY workforce and be vulnerable in our conversation, we are listening, we learning, and we are aware that we should have been doing this all along.”



“Kids tell us about their experiences of racism in the UK

[Huge protests have taken place in towns and cities all across the UK](#) against **[racism](#)**.

They started after **[the death of an African-American man called George Floyd](#)**, who was stopped and pinned down by police in the US city of Minneapolis.

But racism, **[and the inequalities it can cause](#)**, exist in the UK too, and many people are now **[speaking up](#)**, saying something needs to be done about it.

Amari, Eli, Ayisha, Hadija, Rakelmi, Zakiyah, Lydia, Orin and Sienna have been telling Newsround how they feel about what’s been going on.”

BLACK LIVES MATTER

Black Lives Matter

Early Years

Our shared community values



The Black Lives Matter movement is made up of people who want to make sure that everyone is treated fairly, regardless of the colour of their skin.

The principles of Black Lives Matter can be exemplified to children, by sharing and promoting black stories by black authors and/or illustrators.

Allowing Black children to feel empowered and represented, helps them to learn that people that look like them, matter and they are seen.

It makes a difference when children see positive Black role models and a Black child sees themselves reflected in what they read.



Look up **Tàta Storytime** where fantastic actors read beautiful picture books by authors from African and Caribbean heritage <https://www.tatastorytime.com/>



- Teach children that all people should be treated equally
- Celebrate diversity by exposing children to different cuisines, Black authors, Black musicians, and Black artists.
- Expose children to diverse films, cartoons, and music.
- Recognise and celebrate the contributions of Black inventors, scientists and politicians.

<https://www.youtube.com/watch?v=8j6dp3QA6M4>
<https://www.youtube.com/watch?v=i9rQ544fDql>
<https://www.youtube.com/watch?v=nYD7rNNsShg>

The children in your care are our future. Change is possible and we can help children understand the paramount importance of why such change is needed.

Children are socialised into race by all of us. Together we teach children to recognise and celebrate difference and actively embrace through acceptance and compassion in relation to those differences.



A children's book channel on YouTube, with stories featuring Black children

<https://www.youtube.com/channel/UCiJEbtRGdIp6Ns-e0BVhMg>

Cartoons on YouTube for Black children to see themselves on the TV and help promote love of self in every way - physically & spiritually!

<https://www.youtube.com/playlist?list=PLK0DUrSmWBCBCM-FdurR4-bT-5IHxtmX9>

Black Stories Matter



<https://www.tatastorytime.com/>

Written by us, read by us, for all



Tata Storytime

Tiana eat up read by Bunmi Mojekwu | Tata Storytime. Kids book read aloud



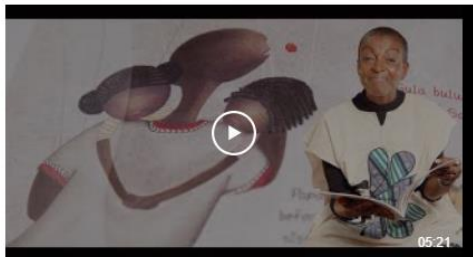
Tata Storytime

Who do I see in the mirror? read by Susan Wokoma | Tata Storytime. Kids...



Tata Storytime

Buster finds his beat read by Kemi-Bo Jacobs | Tata Storytime. Kids stories...



Tata Storytime

Sleep Well Siba & Saba read by Adjoa Andoh | Tata Storytime. Kids stories...



Tata Storytime

Liar Liar Pants on Fire read by Martina Laird | Tata Storytime. Kids stories...



Tata Storytime

Riley knows he can read by Charles Venn | Tata Storytime. Kids book rea...



Tata Storytime

Riley can be anything read by Arinzé Kene | Tata Storytime. Kids book read...



Tata Storytime

Chicken in the kitchen read by Lucian Msamati | Tata Storytime. Kids book...



Tata Storytime

Sing to the moon read by Adjoa Andoh | Tata Storytime. Kids stories...



A children's book channel on YouTube, with stories featuring Black children

<https://www.youtube.com/channel/UCijEebtRGdIp6Ns-e0BVhMg>



Princess Grace - Children's Stories | Book Read Aloud |...



Saturday Soup | Children's Stories | Book readings for...



I love my hair! | Children's stories | Self love for kids



Nzingha and Saying goodbye | Children's story about losin...



'In a minute!' | Children's stories | Books for kids

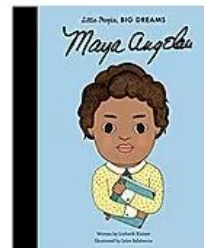
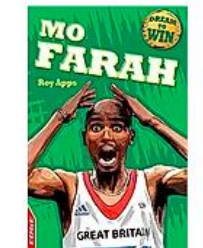
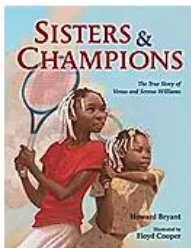
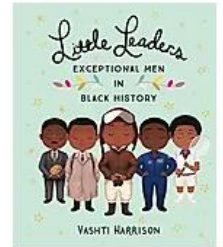
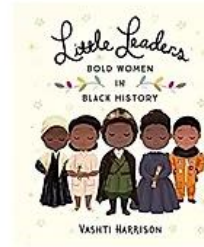
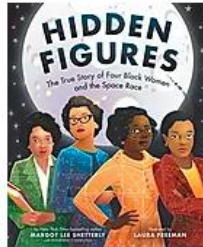
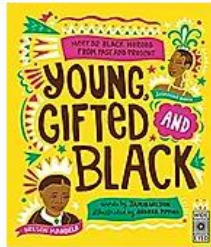
Children's Books

**Black Lives,
Anti-Racism
& BAME Characters**

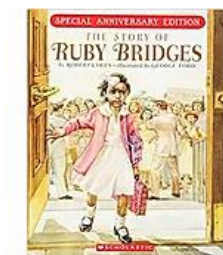
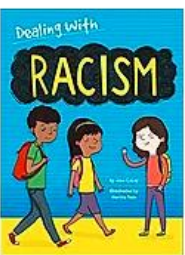
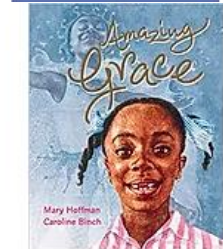
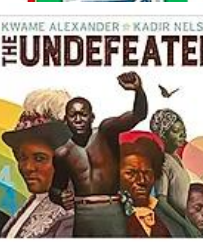
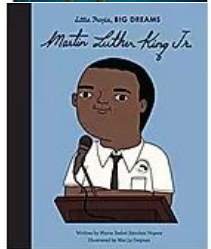
Black Stories Matter

<https://www.booksfortopics.com/black-lives-matter>

**Biographies
and
Non-Fiction**

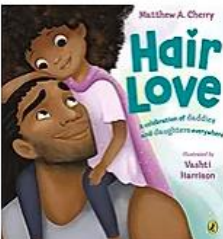
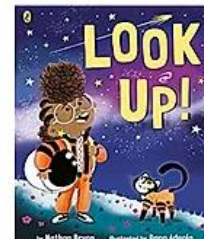
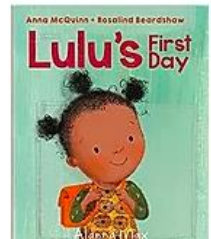
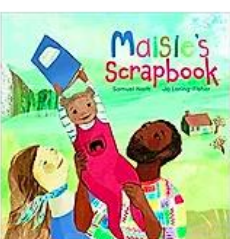
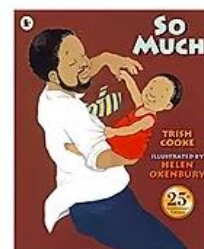
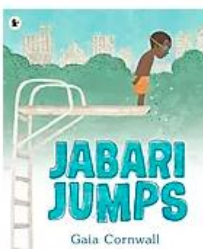
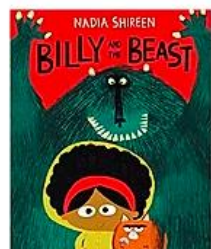



**To start
conversations
about
racism**



**BAME main
characters**

*Books
recommended for
ages 3-7*

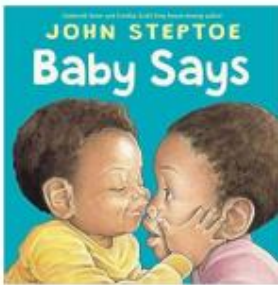




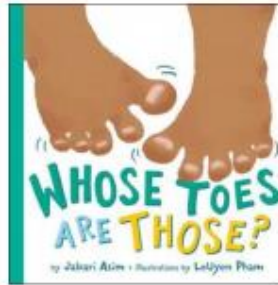
Book list for ages 0-4

Changing life stories

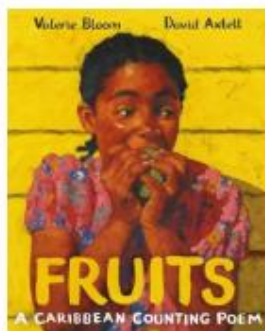
All books featured in the book lists are by black authors and/or illustrators and exemplify the principles of the **Black Lives Matter** movement.



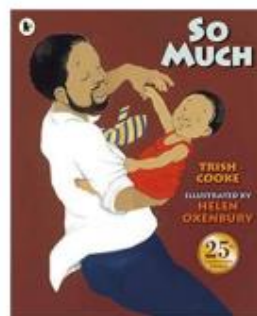
Baby Says
Author & illustrator: John Steptoe
Publisher: Harper Festival
Age: 0-2



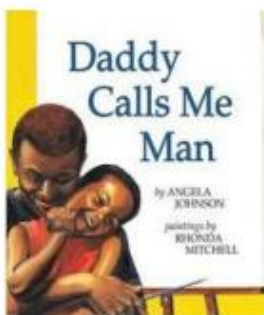
Whose Toes are Those?
Author: Jabari Asim
Illustrator: LeUyen Pham
Publisher: Little, Brown & Company
Age: 0-3



Fruits
Author: Valerie Bloom
Illustrator: David Axtell
Publisher: Pan Macmillan
Age: 2-5



So Much
Author: Trish Cooke
Illustrator: Helen Oxenbury
Publisher: Walker Books
Age: 3-5



Daddy Calls Me Man
Author: Angela Johnson
Illustrator: Rhonda Mitchell
Publisher: Scholastic Inc.
Age: 3-5



The Mega Magic Hair Swap!
Author: Rochelle Humes
Illustrator: Rachel Suzanne
Publisher: Studio Press
Age: 3-5



30 hour codes Autumn 2020

Remind **All Families** to renew and/or apply 30 hours as soon as they can

All Autumn 30 hour codes must have start date no later than 31 August 2020



www.childcarechoices.gov.uk

HMRC Helpline

0300 123 4097

All 30 hours reconfirmations and new applications

Autumn Term : all codes must be applied for and renewed no later than 31 August 2020

Please submit all required information to verify 30 hour codes via Excel 30 hours verification tracker form

All codes must be verified prior to place take up in September

The local authority will verify and check eligibility on your behalf and notify if a code is eligible by return email

EYC-funding@royalgreenwich.gov.uk

Apply for or reconfirm your 30 hour code
NOW

If your code expired, circumstances changed or you didn't apply on time during the Spring or Summer term - you must apply or renew your 30 hour place by **31 August** before the Autumn term starts.





30 Hours Autumn Term 2020

1. You must log into your childcare account NOW and re-apply or reconfirm your code or go to www.childcarechoices.gov.uk
2. You must apply for and renew your code by **31 August 2020**
3. Take your 30 hour code and evidence of your reapplication to your usual early years setting
4. If your usual setting is closed for the holidays, contact Families Information Service on 020 8921 6921 fis@royalgreenwich.gov.uk
5. The local authority will need confirm to the setting or school whether you are able to take up your place in Autumn



Last chance to apply
for your 30 hours code
for September.

childcarechoices.gov.uk

Digital Offers by **Children's Centres** and **Greenwich Libraries**

Greenwich Libraries

<https://www.facebook.com/pg/Greenwich-Libraries-375637446612900/videos/>



Written by us, read by us, for all <https://www.tatastorytime.com/>

Mama G Stories <https://www.facebook.com/MamaGStories/>

Children's Centres

To get in touch with your local Children's Centre by phone – you can find their contact details here

https://www.royalgreenwich.gov.uk/directory/15/childrens_centres

EAST CHILDREN'S CENTRES

www.facebook.com/abbeywoodthamesmeadchildrenscentres

Telephone 020 8311 5491 / Email waterways@gll.org

SOUTH GREENWICH CHILDREN'S CENTRES

www.facebook.com/southgreenwichchildrenscentres

Tel: 020 8859 1110 / Email: SGCCSM@gll.org

GREENWICH WEST CHILDREN'S CENTRES

Website: <https://www.quaggydevelopmenttrust.org/>

Facebook: <https://www.facebook.com/quaggycc>

Follow Halo the Hippo <https://www.facebook.com/halothehippo>

CENTRAL GREENWICH CHILDREN'S CENTRES

<http://www.homestartgreenwich.org.uk/>

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EAST CHILDREN'S CENTRES

www.facebook.com/abbeywoodthamesmeadchildrenscentres

Telephone 020 8311 5491 / Email waterways@gll.org

Check Online Timetable Week with Children's Centres – below is an example of previous activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Princess Story	Rhyme Time with Elaine and Zoe	Dance with Glass Slipper (dance skills for under fives) session 3	Sensory Play with Danielle	Learn and Grow with Michelle	Basket Ball Skills with Dhan	Reading from the Start with Wendy
Cuddles	Cardio with Rosanna	Forest School with Sara	Mindful RTG	New Happily clappily ever laughter (laughing session)	Story Time with Jacqui	
A Spot of Spanish with Silbia and Theodore	Bucket time with Lisa S	Tune into RTM.fm at 11am. The Learning Canteen. Guest speakers (Children from Waterways Nursery and Kelly)	New Face Book Live Our live Cooking Show with Lisa Matusha – 10.30	New Bedtime Story with Elaine 5pm		
New Bedtime Story with Danielle 5pm		Singalong with Deni				
		New Bedtime Story with Michelle 5pm	Pilates with Rosanna			
			Growing Together with Kelly			

SOUTH GREENWICH CHILDREN'S CENTRES

Facebook: @southgreenwichchildrenscentres Instagram: @betterchildrenscentres_south Email: SGCCSM@gll.org Tel: 020 8859 1110

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Week Beginning 20 July 2020

*** Booking required for closed groups via Zoom**

Monday	10am Ted starts the week with a song		11am Tuneful Toddlers	12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time	2pm Good Looking, Good Listening	4pm Story time with GLL Libraries
					1.30pm Taming Tantrums (1) closed Zoom group		
Tuesday	10am Ted starts the day with a song		11am Cook and No Book...with a Rap!	12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time	2pm Good Looking, Good Listening	4pm Story time with GLL Libraries
Wednesday	10am Ted starts the day with a song	10.30am Stay & Play closed Zoom group	11am Messy Play	12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time	2pm Good Looking, Good Listening	4pm Story time with GLL Libraries
Thursday	10am Ted starts the day with a song		11am Movement with Martine	12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time	2pm Good Looking, Good Listening	4pm Story time with GLL Libraries
			11.00am Baby Massage (2) closed Zoom group			2.30pm Bouncing Babies (2) closed Zoom group	
Friday	9.30am Bouncing Babies (3) closed Zoom group	10am Scooby Story Time with Ted	11am Get ready for school!	12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time	2pm Good Looking, Good Listening	4pm Story time with GLL Libraries
Saturday	10am Bringing the Outside Inside		11am Cooking with Maggie	12noon Relaxation Techniques with Sarah	1.30pm Vicky Rhyme Time		

SOUTH GREENWICH CHILDREN'S CENTRES

Facebook: @southgreenwichchildrenscentres Instagram: @betterchildrenscentres_south Email: SGCCSM@gll.org Tel: 020 8859 1110

www.facebook.com/southgreenwichchildrenscentres **Week Beginning 27 July 2020** * **Booking required for closed groups via Zoom**

Monday	10am Ted starts the week with a song		11am Tuneful Toddlers		12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time		4pm Story time with GLL Libraries
Tuesday	10am Ted starts the day with a song		11am Cook and No Book...with a Rap!		12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time	1.30pm Taming Tantrums (1) closed Zoom group	4pm Story time with GLL Libraries
Wednesday	10am Ted starts the day with a song	10.30am Stay & Play closed Zoom group	11am Messy Play		12noon Top Tips with our Therapists	1.00pm Baby Yoga (1) closed Zoom group	1.30pm Vicky Rhyme Time	4pm Story time with GLL Libraries
Thursday	10am Ted starts the day with a song		11am Movement with Martine	11.00am Baby Massage (2) closed Zoom group	12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time		4pm Story time with GLL Libraries
Friday	9.30am Bouncing Babies (3) closed Zoom group	10am Scooby Story Time with Ted	11am Get ready for school!		12noon Top Tips with our Therapists	1.30pm Vicky Rhyme Time		4pm Story time with GLL Libraries
Saturday	10am Bringing the Outside Inside		11am Cooking with Maggie		12noon Relaxation Techniques with Sarah	1.30pm Vicky Rhyme Time		

GREENWICH WEST CHILDREN'S CENTRE DIGITAL OFFER

Website: <https://www.quaggydevelopmenttrust.org/>

Online calendar: <https://www.quaggydevelopmenttrust.org/live-calendar/>

Facebook: <https://www.facebook.com/quaggycc>

Twitter: @quaggycc www.twitter.com/quaggycc

Instagram: quaggycc1

Follow Halo the Hippo <https://www.facebook.com/halothehippo>

Family support

We continue to offer family support, but we will only be able to offer phone calls whilst we are in lockdown, we will try and guide you to the right agencies who can help with finances, housing, activities to do with your children at home and more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am Halo the Hippo Family Learning Activity	10am Halo the Hippo Family Learning Activity	10am Halo the Hippo Family Learning Activity	10am Halo the Hippo Family Learning Activity	10am Halo the Hippo Family Learning Activity	10am Halo the Hippo Family Learning Activity	10am Halo the Hippo Family Learning Activity
	3pm Music and Movement with Sharon			Sensory Play Session		
3.30pm Story Time with Quaggy staff	3.30pm Story Time with Quaggy staff	3.30pm Story Time with Quaggy staff	3.30pm Story Time with Quaggy staff	3.30pm Story Time with Quaggy staff		

CENTRAL GREENWICH CHILDREN'S CENTRE DIGITAL OFFER <http://www.homestartgreenwich.org.uk/>

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	Monday	Tuesday	Wednesday	Thursday	Friday
Homestart Greenwich YouTube channel Online Video Content	<p>Reading Corner Various Staff, Volunteers and Service Providers will be sharing their favourite books – All Ages –</p>	<p>Interactive Music-Making (IMM) Therapy Targeted musical activities which encourages early childhood development with Oxleas</p> <p>Speech and Language advice Sessions How to advice sessions from the Speech and Language Therapist team</p>	<p>Tiny Feet An exciting introduction to dance and movement with We are Footsteps Walkers to Pre-school age</p>	<p>Laugh, Sing and Play Family laughter workshop with interactive games & songs with Video with Patricia Byrne 1yr-5yrs</p>	<p>Baby Play Story time and sing-a-long 0-12 months</p> <p>Fun Fridays: Miscellaneous fun-time videos from Staff, Volunteers and Service Providers All ages</p>
Zoom Lessons/Sessions	<p>ESOL 12.45pm-2.45pm Classes for adults wanting to improve their English and work towards a qualification.</p> <p>Mum's Aid Counselling Tailored one-to-one support for mums with postnatal depression and other mental health issues. 07758763908</p> <p>Mindful Mums Group for pregnant and new mums to learn tips and techniques to look after themselves and build resilience to handle the stresses and anxieties of being a mum.</p>	<p>Greenwich Downs Group Greenwich Downs Group Parent-led support group, whose main aim is to provide support to families who have a member with Down's syndrome.</p> <p>Mindful Mums Group for pregnant and new mums to learn tips and techniques to look after themselves and build resilience to handle the stresses and anxieties of being a mum.</p>	<p>Taru Art Fantastic sessions 10am-11am – Interactive Storytelling, songs and crafts.</p>	<p>Special Babies and Children's Group 10.30am-11.15am – Friendly, supportive, parent-led group for babies and children under 5 with additional needs</p> <p>Beginners Ballet lessons 5.30pm-7pm To book a place call Nashira 07549 517 813</p> <p>Young Mums Aid Provision of specialist counselling and support for pregnant and new mothers aged up to 21 years living in Greenwich. 07502 580928</p>	<p>Bouncing Babies 10am-11am This is a singing and signing session for parents which offers the opportunity for babies to experience music and singing accompanied with puppets, instruments and strategies to support early communication development.</p>