Royal Greenwich – a great place to grow up!

Dear Providers

Now that we are settling into the new Autumn, you may have more questions so please drop us a line with any questions. We may not have all the answers, but we will do our best. The most recent guidance has been attached here. Training dates are coming up fast so sign up now including Getting it Right – if you think you may qualify for an interim visit by Ofsted. We have been booking Paediatric First Aid for you so if your certificate has expired or is due to expire, let us know and we can add you to the priority booking list.

If you miss a copy, catch up on e-bulletins here https://www.royalgreenwich.gov.uk/downloads/download/1063/early_years_professionals_e-newsletters

We look forward to seeing some of you soon.

Best wishes

Kallie - Team Leader, Kerry, Elaine, & Rebecca - Advisors, Danielle & Janet - Funding



Main telephone lines are not fully available but if you provide a phone number we will call you right back and speak to you in person – we are open 9am – 5pm Mon - Fri.

Parents FIS@royalgreenwich.gov.uk
Providers Childcare-support@royalgreenwich.gov.uk

Early Years & Childcare Training

Paediatric First Aid courses are being booked and offered to those on wait list – if you would like to be added to the priority list, please email eyc.training@royalgreenwich.gov.uk Places will be allocated based on expiry dates of current certificates.

Area of EYFS	Training Courses and Workshop	Dates	Start Times	End Times
Safeguarding & Welfare	Introduction to Safeguarding	16/09/2020	09:30	12:30
VV Char C	Intermediate Safeguarding	18/09/2020	13:30	16:30
	Designated Safeguarding Person	24/09/2020	09:30	12:30
	Introduction to Safeguarding	03/10/2020	09:30	12:30
	Intermediate Safeguarding	17/10/2020	13:30	16:30
	Designated Safeguarding Lead Person	26/09/2020	09:30	12:30
Paediatric First	Aid PRIORITY BOOKING LIST expiry date. Places are allocated or		ppy of your PFA	certificate
Getting Ofsted	Getting Ofsted Getting It Right (by invitation only for		19:00	20:30
ready	providers expecting an interim Ofsted visit)			



COMING SOON! Look out for Live Zoom coffee mornings with Kallie & the Advisors for your frequently asked questions

1:1 slots to support Risk Assessments and Systems of Controls advice

To schedule email childcare-support@royalgreenwich.gov.uk

Trainings & Briefings.

Please download free Zoom app on device of your choice https://zoom.us/download

Book via usual Direct Services to Schools training link below. For info email eyc.training@royalgreenwich.gov.uk

http://servicestoschools.royalgreenwich.gov.uk/courses/private,-voluntary-and-independent-(pvi)-and-childminders



30 hour codes Autumn 2020

Remind <u>All Families</u> to renew and reconfirm codes by their renewal dates.

All Autumn 30 hour codes must have start date no later than 31 August 2020



www.childcarechoices.gov.uk

HMRC Helpline

0300 123 4097

All 30 hours reconfirmations and new applications

Autumn Term : all codes must have a start date <u>no later than 31</u>

August 2020 to be valid

Please submit all required information to verify 30 hour codes via Excel 30 hours verification tracker form

All codes must be verified prior to place take up and any funding claim. All codes must verified no later than headcount date I October 2020.

The local authority will verify and check eligibility on your behalf and notify if a code is eligible by return email.

Only eligible codes will be funded.

EYC-funding@royalgreenwich.gov.uk



***SECONDMENT OPPORTUNITY ***

6 month FIXED TERM

Early Years & Childcare Advisor

post vacancy to start in September

- Level 3 or above qualified
- experience of a leadership post in early years groupcare setting
- childminder with substantial experience working with the early years

Please submit an expression of interest with a short statement about your experience and commitment to driving up high quality in the early years

Email kaljit.schut@royalgreenwich.gov.uk

IMPORTANT ACTIONS FOR PROVIDERS

- Service Level Agreement 2020/21 last page declaration must be signed and returned in advance of any Autumn funding payments and no later than 18 September
- Funding Terms and Model 2020/21 with key dates
- 30 hour Eligibility Verification checker Autumn 2020. All 30 hours codes must be verified with LA in advance of place take up and funding claim and no later than 1 October 2020
- Parental Declaration form which must be signed by parents/carers for all new starters or those moving from 2 year old place into 3 year old place. Please store safely for audit purposes.
- Together for Twos application form please ask parent to call or visit their local Children's
 Centre or you may check eligibility directly with Families Information Service on 0208 921 6921

Autumn Funding

- All providers <u>must</u> return SLA and confirm that <u>OPEN</u> in Autumn
- All funding claims must be received no later than 16 October 2020
- in relation to Covid 19 providers may be asked to stay open for critical worker and vulnerable children or support these children into alternative provision. Funding will follow children to avoid double funding.

Groupcare

- 50% upfront based on Autumn term 2019
- 50% balance on submission of headcount forms on or after headcount date from **I October** 2020

Childminders

- Headcount funding claim forms will be sent out from I September 2020 onwards
- 100% based on funding claim submitted
- verification of funding claim <u>required on 1 October 2020</u>

Please notify **eyc-funding@royalgreenwich.gov.uk** to confirm that you will be open in the Autumn





Guidance

Coronavirus outbreak FAQs: what you can and can't do

Updated 9 September 2020

https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do

2.2 How many people am I allowed to meet with outdoors?

From 14 September, there will be a new legal gatherings limit. When meeting with people you don't live with you can socialise in groups of up to 6. You should continue to maintain social distancing with anyone you do not live with. There is <u>further guidance on meeting with others safely</u>, which includes details of exemptions from this limit, including for larger households and support bubbles.

2.4 Are children counted in the group of 6? Yes.

2.10 When can I gather in groups of more than 6?

If you live in a household with more than 6 people, you can continue to gather in and attend all settings together. This same applies for your support bubbles. All venues should continue to accommodate groups larger than 6 who live together or are in the same support bubble to gather in and use their services and venues.

There will be exceptions where groups can be larger than 6 people, including:

- where everyone lives together or is in the same support bubble, or to continue existing arrangements where children do not live in the same household as both their parents
- for work, and voluntary or charitable services
- for education, training, registered childcare, or <u>providers offering before or after-school clubs</u> for children
- participate in children's playgroups

2.15 Can I gather in a group of more than 6 for childcare?

There is an exemption to the legal gatherings limit which comes into force on 14 September for the purposes of education, training, formal registered childcare, and <u>providers offering before and after school clubs</u>, or other out-of-school setting provision for children. Youth groups and other children's groups will also be exempt from the gatherings limit. Family and friends can continue to provide informal childcare as long as groups from different households don't exceed 6 people.



Guidance

Coronavirus (COVID-19): Meeting with others safely (social distancing)

Published 9 September 2020

https://www.gov.uk/government/publications/coronavirus-covid-19-meeting-with-others-safely-social-distancing/coronavirus-covid-19-meeting-with-others-safely-social-distancing

Guidance

Making a support bubble with another household

How you can safely expand the group of people you have close contact with during the coronavirus (COVID-19) pandemic.

https://www.gov.uk/guidance/making-a-support-bubble-with-another-household



Guidance

Stay at home: guidance for households with possible or confirmed coronavirus (COVID-19) infection

Updated 10 September 2020

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-g

If you have <u>symptoms</u> of COVID-19 however mild, self-isolate for **at least 10 days from when your symptoms started.** You should arrange to have a test to see if you have COVID-19 – go to <u>testing</u> to arrange. Do not go to a GP surgery, pharmacy or hospital.

If you are not experiencing symptoms but have tested positive for COVID-19, self-isolate for at least 10 days, starting from the day the test was taken. If you develop symptoms during this isolation period, restart your 10-day isolation from the day you developed symptoms.



After 10 days, if you still have a temperature you should continue to self-isolate and seek medical advice. You do not need to self-isolate after 10 days if you only have a cough or loss of sense of smell or taste, as these symptoms can last for several weeks after the infection has gone.

If you live with others, all other household members need to stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the household became ill or if they do not have symptoms, from the day their test was taken. If anyone else in the household starts displaying symptoms, they need to stay at home for at least 10 days from when their symptoms appear, regardless of what day they are on in their original 14-day isolation period.

Collection

Local restrictions: areas with an outbreak of coronavirus (COVID-19)

A list of areas with additional local restrictions. Includes information for local authorities, residents and workers about what to do and how to manage the outbreak.

https://www.gov.uk/government/collections/local-restrictions-areas-with-an-outbreak-of-coronavirus-covid-19

Guidance

Government's approach to managing local coronavirus outbreaks

An overview of the government's approach to managing local coronavirus (COVID-19) outbreaks.

https://www.gov.uk/guidance/governments-approach-to-managing-local-coronavirus-outbreaks



Guidance

Actions for early years and childcare providers during the coronavirus (COVID-19) outbreak

Updated 10 September 2020

https://www.gov.uk/government/publications/coronavirus-covid-19-early-years-and-childcare-closures/coronavirus-covid-19-early-years-and-childcare-closures

Contents

Main changes to previous guidance

I.Who this guidance is for

2.Responsibilities

3.Infection prevention and control

4.Attendance

5. Considerations for settings

6.Safeguarding and welfare

7Early years foundation stage

8.Ofsted

9.Childminders

10.Funding

Early years settings are no longer required to keep children in small, consistent groups within settings but can return to normal group sizes. Settings should still consider how they can **minimise mixing within settings**, for example where they use different rooms for different age groups, keeping those groups apart as much as possible.

The 'system of controls' provides a set of principles that when followed will effectively minimise risks. All elements of the 'system of controls' are essential.

Settings must comply with **health and safety law**, which requires them to **assess risks** and put in place proportionate control measures.

Settings should thoroughly review their **health and safety risk assessment** and draw up plans as part of their wider opening. Settings should have active arrangements in place to monitor that the controls are effective, working as planned, and updated appropriately, for example when any issues are identified, or when there are changes in public health advice.

Guidance on infection prevention and control

 Safe working in education, childcare and children's social care settings, including the use of personal protective equipment (PPE)

Guidance on funding

• Financial support for education, early years and children's social care



- Check if you can claim for your employees' wages through the Coronavirus Job Retention Scheme
- Use of free early education entitlements funding during coronavirus (COVID-19)

Other relevant guidance

- Supporting vulnerable children and young people during the coronavirus outbreak
- Guidance on the temporary early years foundation stage (EYFS) coronavirus (COVID-19) disapplications
- Ofsted's response to coronavirus (COVID-19)
- EYFS reforms: government consultation response

'System of controls': protective measures

Settings should:

- ensure that all staff understand the 'system of controls' and how they are applied in settings.
 Time should be taken for staff to review the actions in the 'system of controls' and ask questions
- ensure that parents and carers are aware of the 'system of controls', how this impacts them and their responsibilities in supporting it

If settings follow the guidance on the 'system of controls' they will effectively reduce risks in their setting and create an inherently safer environment.



'System of controls'

This is the set of actions early years settings must take. They are outlined in more detail below.

Prevention:

- I) minimise contact with individuals who are unwell by ensuring that those who have coronavirus (COVID-19) symptoms, or who have someone in their household who does, do not attend settings
- 2) clean hands thoroughly more often than usual
- 3) ensure good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach
- 4) introduce enhanced cleaning, including cleaning frequently touched surfaces often using standard products, such as detergents and bleach
- 5) minimise contact between groups where possible
- 6) where necessary, wear appropriate personal protective equipment (PPE)

Numbers I to 4 must be in place in all settings, all the time.

Number 5 must be properly considered, and settings must put in place measures that suit their particular circumstances.

Number 6 applies in all specific circumstances.

Response to any infection:

- 7) engage with the NHS Test and Trace process
- 8) manage confirmed cases of coronavirus (COVID-19) amongst the setting community
- 9) contain any outbreak by following local health protection team advice
- 10) notify Ofsted (and local authority childcare-support@royalgreenwich.gov.uk)

Numbers 7 to 10 must be followed in every case where they are relevant.

https://www.gov.uk/government/publications/coronavirus-covid-19-early-years-and-childcare-closures/coronavirus-covid-19-early-years-and-childcare-closures





What to do if a child is displaying symptoms of coronavirus (COVID-19)

If anyone in your setting develops a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), they must be sent home and be advised to follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection.

This sets out that they must:

self-isolate for at least 10 days

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance

• arrange to have a test to see if they have coronavirus (COVID-19) https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested

Action list

- I. In an emergency, call 999 if they are seriously ill or injured or their life is at risk. Do not visit the GP, pharmacy, urgent care centre or a hospital except in an emergency.
- 2. Call parents/legal guardian to collect child and take them home. Advise them that all household members will need to isolate and refer them to the guidance for households with possible or confirmed coronavirus (COVID-19) infection.
- 3. While the child is awaiting collection, move them to an isolated room and open a window for ventilation. If it is not possible to isolate them, move them to an area which is at least 2 metres away from other people.
- 4. Since it's unlikely that staff caring for a young child while they are awaiting collection will be able to maintain a 2 metre distance, they should wear suitable PPEI:

Situation	PPE
2m distance cannot be maintained	A face mask should be worn
Contact is necessary	Gloves, an apron and a face mask should be worn
Risk of fluids entering the eye (e.g. from coughing, spitting or vomiting)	Eye protection should also be worn



More information on PPE use can be found in the Safe working in education, childcare and children's social care settings, including the use of personal protective equipment (PPE) guidance.

https://www.gov.uk/government/publications/safe-working-in-education-childcare-and-childrens-social-care/safe-working-in-education-childcare-and-childrens-social-care-settings-including-the-use-of-personal-protective-equipment-ppe

- 5. If the child needs to go to the bathroom while waiting to be collected, they should use a separate bathroom if possible. The bathroom should be cleaned and disinfected using standard cleaning products before being used by anyone else.
- 6. Staff/other children who have had contact with the symptomatic child must wash their hands thoroughly for 20 seconds.
- 7. When parents/legal guardian pick up the child, advise them to get the child tested and notify you of the results.
- 8. Once the child has left the premises, thoroughly disinfect/clean all surfaces and touchpoints they came into contact with (including the bathroom if used).

What to do if a child tests positive for coronavirus (COVID-19)

- I. Notify your local health protection team (HPT) immediately when you become aware that a child or a member of staff who has attended has tested positive for coronavirus.
- 2. The HPT will work with you to carry out a rapid risk assessment and identify appropriate next steps.
- 3. With HPT advice, identify close contacts of the symptomatic individual. Contact tracers will inform contacts that they need to self-isolate for 14 days in line with guidance for households with possible or confirmed coronavirus (COVID-19) infection.
- 4. Notify Ofsted swiftly through the usual notification channels of any confirmed case of coronavirus (either staff member or child). Also notify Ofsted if the setting is advised to close as a result.
- 5. Notify the local authority on the attached notification form complete and return to childcare-support@royalgreenwich.gov.uk
- 6. A template letter will be provided to settings, on the advice of the health protection team, to send to parents, carers and staff if needed.



Child / staff member develops Covid-19 symptoms:

- High temperature
- New continuous cough
- Loss of or change to sense of smell or taste

Covid 19
Responding to a
Suspected
/Confirmed Case

Send child / staff member home immediately to isolate for at least 10 days and notify household members to isolate for 14 days

If child is waiting to be collected, separate from group (room or 2m if no room) and isolate with **one** member of staff

Child / staff member should arrange to have a test visit https://www.nhs.uk/ask-for-a-coronavirus-test or call NHS 119

Staff member to wear PPE until child has left and then safely discard PPE

clean all areas affected

all in contact with child/staff to wash hands

(Follow Cleaning of nonhealth care settings guidance)

NEGATIVE

Child / staff member can return to setting and household members can end 14 day isolation

POSITIVE

Rest of children and staff in **close contact** sent home to isolate for 14 days (whole of childminder household)

POSITIVE

Other household members of those in close contact sent home **do not** need to isolate unless the child / staff member sent home develops symptoms

You must IMMEDIATELY NOTIFY

- I. PHE Local Health Protection team phe.slhpt@nhs.net; slhpt.oncall@phe.gov.uk
- 2. Local Authority Early Years and Childcare and Public Health team childcare-support@royalgreenwich.gov.uk and healthprotection@royalgreenwich.gov.uk
- 3. Ofsted

Outbreak - if two or more confirmed cases within 14 days or overall rise in sickness absence where COVID-19 suspected - PHE Health protection will advise on additional actions



https://coronavirusresources.phe.gov.uk/Hands-Face-Space-/resources/



NHS

If you have coronavirus symptoms:

- a high temperature
- · a new, continuous cough
- a loss of, or change to, your sense of smell or taste

Get a test now

Do not leave home for at least 10 days after your test





Taking your child to nursery or a childminder: what parents need to know



 $\frac{https://showcase.dropbox.com/s/COVID-19-Back-to-School-Safely-content-Autumn-2020-8yzReowxp5v0L47hfhYUN}{2020}$

Childminders and nursery staff continue to provide a safe and happy environment where children can learn and develop.

All families have been able to send children under 5 back to nurseries and childminders since 1 June. If your usual nursery or childminder isn't open, your local authority can help with finding a place that is right for your child.







"We can't wait to have you



Get back to nursery

safely.

Find out more about returning safely at **gov.uk/backtoschool**









"We can't wait to have you



Get back to your childminder



Find out more about returning safely at **gov.uk/backtoschool**







Free learning for your child, free childcare for you.

Attendance Matters

Regular attendance at nursery, pre-school or with a childminder is important for the learning and development of all children in the early years



Even when you're very small good attendance makes a **BIG** difference

Don't let your child miss out – make the most of your early learning place! Your provider has put in place of **system of infection control** and protective measures to minimise the any risks. Talk to your setting if you are worried.

Good regular attendance can help your child

- make friends and learn social skills
- build good habits for school
- play, learn and have fun
- *have healthy all-round development
- routines feel settled and secure with regular



Families Information Service www.royalgreenwich.gov.uk/fis 692 892 692 1





What you can do

Your enthusiasm and encouragement will help your child enjoy their early years experiences and develop a positive attitude for school later

- Take time to have a virtual or out of hours visit to the setting and chat with staff
- Have a regular bedtime and morning routine you could try a visual timetable, so they know what to expect and when or show them the hands on the clock when it's nearly time to leave
- Choose and get ready clothes and pack "school" bag the night before together with your child
- Talk about the setting and the fun things they will do there
- Have a backup plan for getting there if something comes up
- Arrange medical appointments, outings and holidays at times when your child is not due at their setting
- Check your child's immunisations are up to date
- Follow your setting's advice about keeping safe

If you need extra support, talk to the staff who will share advice and do what they can to help



What to expect when your child takes up their place

- You may be offered a virtual visit
- Your child will have a key person who will be mainly responsible for their care and learning
- It might take your child some time to settle in as it will feel new and big talk to the staff by phone and find out what you can do to help
- If your child is reluctant, ask for advice and help from staff as they have lots of experiences of helping children settle in
- You will be encouraged to get involved and support their learning both at the setting and at home
- You will be told how your child is getting on and share what you know about their interests and development
- Sometimes your child will come home tired this is a sign that they been having fun and learning!
- Your setting has implemented protective measures to keep staff and most importantly your child safe

Ofsted Plans for Autumn https://www.gov.uk/guidance/ofsted-coronavirus-covid-19-rolling-update

Ofsted's autumn 2020 plans

Ofsted are continuing with

- urgent inspections where specific concerns have been raised are still going ahead
- important <u>regulatory work</u>
- suspension of routine inspections
- interim visits to specific providers

https://www.gov.uk/guidance/interim-visits-registered-early-years-providers

Guidance

Interim visits: registered early years providers

An operational note for Ofsted inspectors carrying out interim visits to registered early years providers from 1 September 2020.

Settings to be selected for interim visits:

- the overall effectiveness grade of **requires improvement or inadequate (with actions)** was given at the last inspection
- the judgement for the last inspection carried out under Annex A of the <u>Early years inspection</u> handbook was **not met with actions**
- actions were set at the last inspection for a breach of any safeguarding and welfare requirements
- the **re-inspection date** for these providers may have **passed** due to COVID-19, or the re-inspection may be due before routine inspections are due to re-start

Some providers have been invited to

Getting it Right Training 7pm Thurs 17 Sept

via Zoom to prepare for interim visit

If you think you meet criteria for Ofsted visit and would like to attend email eyc.training@royalgreenwich.gov.uk



Statutory guidance

Early years foundation stage: coronavirus disapplications

Updated 4 September 2020

https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2/early-years-foundation-stage-coronavirus-disapplicationsContents

1.Introduction

2.Who is this for?

3. When do these changes apply?

4.Disapplications for the early years foundation stage section I

5.Disapplications for the early years foundation stage section 2

6.Disapplications for the early years foundation stage section 3

7.Staff qualifications and ratios during the pandemic, including any period of intervention related to coronavirus (COVID-19)

The disapplications came into force on 24 April 2020 and will end on 25 September 2020. These disapplications have been reviewed on a monthly basis.

From 26 September to 25 November 2020:

- this is the transitional period for the safeguarding and welfare requirements that were disapplied (including PFA) – providers will need to work to re-instate the safeguarding and welfare requirements in full by the 26 November 2020
- all of the learning and development and assessment disapplications cease to apply as of 25
 September providers will be required to reinstate the EYFS for these areas in full from the 26
 September

If there are further restrictions or requirements related to coronavirus (COVID-19) due to a local or national lockdown, these may affect a provider's ability to comply with the EYFS. Therefore we have made new regulations as follows – these will come into force on 26 September 2020 and would only apply where a provider is prevented from complying with the prescribed requirements of the EYFS due to coronavirus (COVID-19) related restrictions or requirements which have been imposed on a geographical area by regulations or a direction.

Development Matters

Non-statutory curriculum guidance for the early years foundation stage

Last week, the Department for Education (DfE) published <u>Development Matters</u>, new non-statutory curriculum guidance, developed by Dr Julian Grenier, which supports the delivery of the revised early years foundation stage (EYFS) <u>statutory framework</u>.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/914443/Development_Matters_-_Non-

statutory curriculum guidance for the early years foundation stage | I .pdf

https://foundationyears.org.uk/2019/10/eyfsreforms/

Foundation Years are hosting a video podcast with Dr Julian Grenier and DfE to answer your questions on the new *Development Matters* guidance.

Please send your questions to <u>foundationyears@ncb.org.uk</u> by **4pm Monday 14 September** to ensure consideration.



https://livewellgreenwich.org.uk/



Taking care of your mind and body is especially important right now.

As lockdown restrictions are easing, it's normal to still feel anxious, concerned or frustrated. Things may seem less clear and we may be facing new challenges. Mind has some helpful advice around this.

But there are things we can all do to look after ourselves and loved ones. It's ok to ask for help, and lots of support is available.

There are lots of top tips and help available on the LiveWell website There's also advice for people who have, or care for someone with, a mental health problem, as well as advice for parents.



If you can't go out and don't have any family, friends or neighbours around to talk to or help with things like shopping or prescriptions then contact:

Royal Greenwich Community Hub 0800 470 483 I 8.30am to 6pm, 7 days a week covid | 9support@royalgreenwich.gov.uk

Get more support if you need it

https://livewellgreenwich.org.uk/lookafteryouandothers/

https://livewellgreenwich.org.uk/more-support/

I need a friendly chat, a befriending service and/or some general support	+
I need emotional support and/or help managing stress, anxiety, problems sleeping and low mood	+
	<u> </u>
I feel totally overwhelmed, can't cope with day to day life and need help urgently	+
I need support with bereavement	
I need support around drugs, alcohol and/or gambling	+
Local bala with manay or housing	
I need help with money or housing	
I need help for domestic abuse - including emotional, physical and sexual abuse	+

Making every opportunity count now



The far-reaching, negative impacts of coronavirus are very distressing but there are actions we can take to reduce these and there is still lots of support available.



These actions might be helpful for yourself and loved ones, as well as the local residents you are supporting.



Supporting these actions, and signposting to help through our conversations with people is how we can all **make every opportunity count now.**



And it's not all bad news - sometimes significant times like this in our lives can motivate a positive change e.g. getting fitter, cooking more, stopping smoking, learning something new and connecting more with those around us.

Ways to look after ourselves



Connect with others: Stay in touch regularly and safely. Catch up with friends or family or talk about your worries with someone you trust.



Do things you enjoy, find relaxing and that keep your mind active: This can help with difficult feelings, worries and boost your mood.



Focus on what you can control: In these changing and uncertain times, it may be helpful to plan daily routines and set small goals to give you some structure and sense of achievement.



Be kind to yourself and others: Helping others can improve our own wellbeing. It's also important to set boundaries though, take breaks and don't worry if you're not as productive as you feel you should be during this very challenging time.



Don't be afraid to ask for emotional and/or practical help if you need it.



Limit negative news and media exposure about the pandemic if it is causing anxiety, and only use reliable sources like the NHS and Government websites.

Keeping Children Safe:





🔽 safeguardingchildren@royalgreenwich.gov.uk

https://www.greenwichsafeguardingchildren.org.uk/



Right Child **Right Service Right Time**

How we work together to safeguard and protect children in Royal Greenwich

https://www.greenwichsafeguardingchildren.org.uk/policies-practice-guidance/threshold-document/

Threshold Document: Nothing is more important than children's welfare

Parents and carers have the primary responsibility for their children. However, local authorities, working with partner organisations and agencies, have specific duties to safeguard and protect the welfare of all the children in their area and everyone who comes into contact with children has a role to play.

In July 2018, the government published a revised version of Working Together to Safeguard Children: a guide to interagency working to safeguard and promote the welfare of children. It sets out the legal requirements that health professionals, social workers, police, education professionals and others working with children must follow.

Working Together is statutory guidance and all practitioners working, or having contact with, children are required to read and understand it so they can meet their legal obligation to keep children safe.

As safeguarding partners, we are required to publish a local document that sets out our criteria for action, which you can download here.

In Royal Greenwich, our approach to promoting welfare, safeguarding and child protection is developed around our understanding that children and families are unique.

They are the product of, and active participants in, a complex web of interdependent and changing systems and circumstances.

Download our Threshold Document here.

Digital Offers by Children's Centres and Greenwich Libraries

Greenwich Libraries

https://www.facebook.com/pg/Greenwich-Libraries-375637446612900/videos/





Written by us, read by us, for all

https://www.tatastorytime.com/

Mama G Stories https://www.facebook.com/MamaGStories/

Children's Centres

To get in touch with your local Children's Centre by phone – you can find their contact details here

https://www.royalgreenwich.gov.uk/directory/15/childrens centres

EAST CHILDREN'S CENTRES

www.facebook.com/abbeywoodthamesmeadchildrenscentres

Telephone 020 8311 5491 / Email waterways@gll.org

SOUTH GREENWICH CHILDREN'S CENTRES

www.facebook.com/southgreenwichchildrenscentres

Tel: 020 8859 1110 / Email: SGCCSM@gll.org

GREENWICH WEST CHILDREN'S CENTRES

Website: https://www.quaggydevelopmenttrust.org/

Facebook: https://www.facebook.com/quaggycc

Follow Halo the Hippo https://www.facebook.com/halothehippo

CENTRAL GREENWICH CHILDREN'S CENTRES

http://www.homestartgreenwich.org.uk/

Join us on Facebook Follow us on instagram

East Children's Centres "Children Centres without walls"



We've missed you ©

Join your Children Centre team for a catch up and sing along in the park this September

You must book in advance so please call

WATERWAYS CHILDREN'S CENTRE

to reserve your place 020 8311 5491 x1

You will need to bring your own towel or blanket. And the places you book will be your 'base camp' with a 2 metre space between each

Monday 7 September 10.30am - 11.30am for 4 weeks

Waterways Children Centre team invites you to Birchmere Park, Southwood Road, SE28

Thursday 10 September 10.30am - 11.30am for 4 weeks

Abbey Wood Children Centre team invites you to Bostall Garden's, Viola Ave, SE2

Thursday 10 September 1.30pm - 2.30pm for 4 weeks

Discovery Children Centre team invites you to Gallions Tor, Defence Close, SE28 0NN

Friday II September 1.30pm - 2.30pm for 4 weeks

Mulberry Park Children Centre team invites you to Abbey Wood Park, Panfield road, SE2 9DD

In the event of heavy rain these sessions will not take place!

Waterways Children's Centre Southwood Road SE28 8EZ 020 8311 5491 ext I

Boxgrove Road SE2 9JP 020 8311 5491 ext 3

Mulberry Park Children's Centre Discovery Children's Centre Battery Road SE28 0JN 020 8311 5491 ext 4

Abbey Wood Children's Centre Dahlia Road SE2 0SX 020 8311 5491 ext





SOUTH GREENWICH CHILDREN'S CENTRES

Facebook: @southgreenwichchildrenscentres Instagram: @betterchildrenscentres_south Email: SGCCSM@gll.org Tel: 020 8859 1110

www.facebook.com/southgreenwichchildrenscentres

Week Beginning 14 September 2020

* Booking required for closed groups via Zoom

Monday I 4 th	I 0am Rory the Tiger starts the week with a song	I I am Morning Story	l 2noon Messy Play Monday	Ipm Vicky Rhyme Time	4pm #BedTimeRead with GLL Libraries
Tuesday 15 th	I Dam Rory the Tiger starts the day with a song	l lam Morning Story	I 2noon Tuneful Toddlers	Ipm Vicky Rhyme Time	4pm #BedTimeRead with GLL Libraries
Wednesday	I0am Rory the Tiger starts the day with a song	I Iam Morning Story	I 2noon Wednesday weaning Cooking ideas for weaning with Maggie	Ipm Vicky Rhyme Time	4pm #BedTimeRead with GLL Libraries
Thursday 17 th	10am Rory the Tiger starts the day with a song	l Iam Morning Story	12noon Baby Yoga	Ipm Vicky Rhyme Time	4pm #BedTimeRead with GLL Libraries
Friday 18 th	I 0am Scooby Story Time with Ted	l lam Get ready for school!	I 2noon Interactive Music	I pm Vicky Rhyme Time	4pm #BedTimeRead with GLL Libraries
	9.30am Bouncing Babies (5) closed Zoom group	l Iam Tuneful Toddlers (I) closed Zoom group			
Saturday 19 th	I 0am Fun in the late Summer Sun with Bijita	l lam Fun fitness with Flo			

Week Beginning 21 September 2020

* Booking required for closed groups via Zoom

Monday	I0am	llam	I 2noon	lpm	4pm
21st	Rory the Tiger starts the week with a song	Morning Story	Messy Play Monday	Vicky Rhyme Time	#BedTimeRead with GLL Libraries
Tuesday	I 0am	llam	12noon	Ipm	4pm
22 nd	Rory the Tiger starts the day with a song	Morning Story	Tuneful Toddlers	Vicky Rhyme Time	#BedTimeRead with GLL Libraries
	10am Baby Yoga (2) closed Zoom group				
Wednesday 23 rd	I0am Rory the Tiger starts the day with a song	Ham Morning Story	I 2 noon Wednesday weaning Cooking ideas for	Ipm Vicky Rhyme Time	4pm #BedTimeRead with GLL Libraries
	I 0am-2pm First Aid (delivered by Humber Zoom)		weaning with Maggie	2pm Baby Massage (3) closed Zoom	
	, ,			group	
Thursday	I0am Rory the Tiger starts the day with	l Iam Morning Story	12noon Baby Yoga	Ipm Vicky Rhyme Time	4pm #BedTimeRead with
17 th	a song		, -		GLL Libraries
Friday 18 th	I0am Scooby Story Time with Ted	I I am Get ready for school!	I 2noon Interactive Music	Ipm Vicky Rhyme Time	4pm #BedTimeRead with GLL Libraries
10	9.30am Bouncing Babies (5) closed Zoom group				GLL Libraries
Saturday	10am Outside autumn play with Bijita	11am Fun fitness with Flo			
26 th					

GREENWICH WEST CHILDREN'S CENTRE DIGITAL OFFER

Website: https://www.quaggydevelopmenttrust.org/

Online calendar: https://www.quaggydevelopmenttrust.org/live-calendar/

Facebook: https://www.facebook.com/quaggycc

Twitter: @quaggycc www.twitter.com/quaggycc

Instagram: quaggycc I

Follow Halo the Hippo https://www.facebook.com/halothehippo

Family support

We continue to offer family support, but we will only be able to offer phone calls whilst we are in lockdown, we will try and guide you to the right agencies who can help with finances, housing, activities to do with your children at home and more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am Halo the Hippo Family Learning Activity						
	3pm Music and Movement with Sharon			Sensory Play Session		
3.30pm Story Time with Quaggy staff						

CENTRAL GREENWICH CHILDREN'S CENTRE DIGITAL OFFER http://www.homestartgreenwich.org.uk/

Join us on Facebook Follow us on instagram Follow us on Twitter

	Monday	Tuesday	Wednesday	Thursday	Friday
Homestart	Reading Corner	Interactive Music-Making (IMM)	Tiny Feet	Laugh, Sing and Play	Baby Play
Greenwich	Various Staff , Volunteers and	Therapy	An exciting	Family laughter workshop	Story time and sing-a-
YouTube	Service Providers will be	Targeted musical activities which	introduction to	with interactive games &	long
channel	sharing their favourite books	encourages early childhood	dance and	songs with Video with	0-12 months
Online	- All Ages -	development with	movement with	Patricia Byrne	
Video	_	Oxleas	We are	lyr-5yrs	Fun Fridays:
Content			Footsteps		Miscellaneous fun-time
		Speech and Language advice	Walkers to		videos from Staff,
		Sessions	Pre-school		Volunteers and
		How to advice sessions from the	age		Service Providers
		Speech and Language Therapist team			All ages
Zoom	ESOL	Greenwich Downs Group	Taru Art	Special Babies and	Bouncing Babies
Lessons/Sess	12.45pm-2.45pm	Greenwich Downs Group Parent-led	Fantastic	Children's Group	10am-11am
ions	Classes for adults wanting to	support group, whose main aim is to	sessions 10am-	10.30am-11.15am —	This is a singing and
	improve their English and work	provide support to families who have a	I I am –	Friendly, supportive, parent-	signing session for
	towards a qualification.	member with Down's syndrome.	_	led group for babies and	parents which offers
			Interactive	children under 5 with	the opportunity for
	Mum's Aid Counselling	Mindful Mums	Storytelling,	additional needs	babies to experience
	Tailored one-to-one support	Group for pregnant and new mums to	songs and crafts.		music and singing
	for mums with postnatal	learn tips and techniques to look after		Beginners Ballet	accompanied with
	depression and other mental	themselves and build resilience to		lessons 5.30pm-7pm	puppets, instruments
	health issues. 07758763908	handle the stresses and anxieties of		To book a place call Nashira	and strategies to
	Mindful Mums	being a mum.		07549 517 813	support early
				Varra Mirra Aid	communication
	Group for pregnant and new			Young Mums Aid	development.
	mums to learn tips and techniques to look after			Provision of specialist counselling and support for	
	themselves and build resilience			pregnant and new mothers	
	to handle the stresses and			aged up to 21 years living in	
	anxieties of being a mum.			Greenwich.	
	andledes of being a mum.			07502 580928	