

Royal Greenwich – a great place to grow up!



Childcare
Options
Royal Greenwich

Dear Providers

As we move into October, we include a SEND special with SENCo newsletter attached and supporting documents. We also celebrating Black History Month in a year which has seen a global movement for Black lives.

You will notice that there a letter attached for parents and the Covid 19 tracker has been updated with Ofsted requirements so that you only need to gather and record information once. DFE helpline **0800 046 8687** and selecting the option 1 for reporting a positive case. Open Monday to Friday 8am to 6pm, and 10am to 4pm on Saturdays and Sundays.

Don't forget to join for **Actions during Covid 19 Briefing on Thurs 8 October** - two time slots to attend – to book visit the usual training portal.

Best wishes

Kallie – Team Leader, Kerry, Elaine, & Rebecca – Advisors, Danielle & Janet – Funding

With special thanks to Anita and the Area SENCos for their contributions



Main telephone lines are not fully available but if you provide a phone number we will call you right back and speak to you in person – we are open 9am – 5pm Mon - Fri.

Parents FIS@royalgreenwich.gov.uk

Providers Childcare-support@royalgreenwich.gov.uk

Miss a copy of the e-bulletin?

Catch up here and check out links to important information sources

https://www.royalgreenwich.gov.uk/info/200283/nurseries_and_early_learning/2183/early_years_team_information_for_providers/2



➔ Early years and childcare information for professionals

➔ Key information and resource links for early years and childcare providers

Key information and resource links for early years and childcare providers

Monthly newsletter

The latest updates and information for early years professional working in Royal Greenwich.

Early years professional newsletter ➔

Letter for parents about COVID-19 symptoms

Public Health England have produced a letter for schools and providers to distribute to parents/carers which explains when a person requires a coronavirus test and what the main symptoms of coronavirus are. The Department would be grateful if you could share and circulate this letter amongst parents at your setting.

The intention of the letter is to support both staff and parents in answering some of the questions parents may have around testing. Public Health England have also created two images detailing the main coronavirus symptoms that you can use on your website or newsletters. You may need to crop one which features school age children but the message remains the same.

Access the images [here](#) and [here](#) and right click/long tap to save.



Test and Trace

[You can view the letter here](#). See extract below. Please print off letter and share with parents/carers.

- You should only book a test if your child has any of these three coronavirus symptoms:
 1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
 2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
 3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal
- Your child **does not need a test** if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.

You may find the links below useful for parents/carers to check for symptoms

Check if you or your child has coronavirus symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Is my child too ill for school?

Healthy body

<https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/>

**If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste**

**This could be a sign of
coronavirus**

Book a test

**If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste**

**These are
not normally symptoms of
coronavirus**

**Seek advice from a pharmacy, dial
111 or see your GP**

Guidance

Actions for early years and childcare providers during the coronavirus (COVID-19) outbreak

Updated 22 September 2020

<https://www.gov.uk/government/publications/coronavirus-covid-19-early-years-and-childcare-closures/coronavirus-covid-19-early-years-and-childcare-closures>

You must take **swift action** when you become aware that someone who has attended your setting has tested positive for coronavirus (COVID-19).

Contact the dedicated advice service introduced by Public Health England (PHE) and delivered by the NHS Business Services Authority. This can be reached by calling the **DfE Helpline on 0800 046 8687 and selecting option 1** for advice on the action to take in response to a positive case.

Notify Ofsted, RBG Early Years & Childcare and RBG PH Team by email with attached notification Excel form below

enquiries@ofsted.gov.uk

Childcare-support@royalgreenwich.gov.uk

healthprotection@royalgreenwich.gov.uk

Covid 19 Actions to take during Coronavirus
Outbreak Update Briefing

Thurs 8 October FREE

13:30 – 15:00 or 19:00 – 20:30

[http://servicestoschools.royalgreenwich.gov.uk/courses/private,-voluntary-and-independent-\(pvi\)-and-](http://servicestoschools.royalgreenwich.gov.uk/courses/private,-voluntary-and-independent-(pvi)-and-)

Confirmed or suspected with symptoms to self isolate for 10 days. Close contacts to self isolate for 14 days:

- direct close contacts - **face to face contact** with an infected individual for any length of time, within 1 metre, including being coughed on, a face to face conversation, or unprotected physical contact (skin to skin)
- extended close contact (**within 1 to 2 metres for more than 15 minutes**) with an infected individual
- **travelling in a small vehicle**, like a car, with an infected person

If settings have **2 or more confirmed cases within 14 days, or an overall rise in sickness absence** where coronavirus (COVID-19) is suspected, settings may have an **outbreak**, and should work with their local health protection team who will be able to advise if additional action is required.

**Covid 19 Responding
to a Suspected
/Confirmed Case**

Child / staff member develops Covid-19 symptoms:

- High temperature
- New continuous cough
- Loss of or change to sense of smell or taste

Send child / staff member home immediately to isolate for at least **10 days** and notify household members to isolate for 14 days

If child is waiting to be collected, separate from group (room or 2m if no room) and isolate with **one** member of staff

Staff member to wear PPE until child has left and then safely discard PPE

clean all areas affected

all in contact with child/staff to wash hands

(Follow **Cleaning of non-health care settings** guidance)

Child / staff member should arrange to have a test within 5 days <https://www.gov.uk/get-coronavirus-test> or call NHS 119

NEGATIVE

Child / staff member can **return** to setting and household members can end 14 day isolation

POSITIVE

Rest of children and staff in **close contact** sent home to isolate for 14 days (whole of childminder household)

POSITIVE

Other household members of those in close contact sent home **do not** need to isolate unless the child / staff member sent home develops symptoms

You must IMMEDIATELY NOTIFY

1. Telephone new PHE / DFE helpline **0800 046 8687** select Option 1
2. Local Authority Early Years and Childcare and Public Health team via notification form childcare-support@royalgreenwich.gov.uk and healthprotection@royalgreenwich.gov.uk
3. Ofsted enquiries@ofsted.gov.uk

Outbreak - if two or more confirmed cases within 14 days or overall rise in sickness absence where COVID-19 suspected – PHE local health protection to advise on additional actions phe.slhpt@nhs.net; slhpt.oncall@phe.gov.uk

Guidance

Staying alert and safe

Updated 22 September 2020

<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing/staying-alert-and-safe-social-distancing-after-4-july>

Guidance

COVID-19: guidance for households with possible coronavirus infection

Stay at home guidance for households with possible coronavirus (COVID-19) infection.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

AVAILABLE NOW IN MANY COMMUNITY LANGUAGES

Guidance

Stay at home: guidance for households with possible or confirmed coronavirus (COVID-19) infection

Updated 28 September 2020

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Coronavirus (COVID-19)

Stay at home: what to do if you or someone you share your home with has coronavirus symptoms

EASY TO READ and ACCESSIBLE GUIDE

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/906663/20203007_Easy_read_household_isolation_v3.1.pdf

An Inspector Calls... Ofsted updates

EYFS Disapplications lifted since 25 September – note transition period for Paediatric 1st Aid

<https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2/early-years-foundation-stage-coronavirus-disapplications>

Guidance

Education plans from September 2020

Guidance for education providers about Ofsted's phased return to inspection.

<https://www.gov.uk/guidance/interim-visits-registered-early-years-providers>

Contents – click on links to read more

1. [Introduction](#)

These visits are not inspections and will not result in an inspection grade. Inspectors can use regulatory or enforcement actions, if appropriate.

2. [How the interim visits apply](#)

- Providers that are currently judged less than good and that had safeguarding and welfare actions raised at their last inspection.
- The re-inspection date for these providers may have passed due to COVID-19, or the re-inspection may be due before routine inspections are due to re-start
- Publish an outcome summary

3. [Guiding principles](#)

Inspectors will be sensitive to the challenges presented by COVID-19: they will always take that context into account. Ofsted will prioritise the safety and welfare of everyone involved in the visits, including children, carers, staff and inspectors

<https://www.gov.uk/government/publications/early-years-provider-non-compliance-action-by-ofsted>

4. [The legal context](#)

5. [Before the visit](#)

6. [During the visit](#)

7. [After the visit](#)

Childcare Register inspections

Changes to the 'After the inspection' section to reflect new timescales.

<https://www.gov.uk/guidance/carrying-out-childcare-register-inspections>

Early Years & Childcare Training

Paediatric First Aid courses are being booked and offered to those on wait list – if you would like to be added to the priority list, please email eyc.training@royalgreenwich.gov.uk Places will be allocated based on expiry dates of current certificates.

Area of EYFS	Training Courses and Workshops	Dates	Start Times	End Times
Safeguarding & Welfare	Introduction to Safeguarding	03/10/2020	09:30	12:30
	Intermediate Safeguarding	17/10/2020	13:30	16:30
	Covid 19 & Actions to take FREE	08/10/2020	13:30	15:00
	Covid 19 & Actions to take FREE	08/10/2020	19:00	20:30
Paediatric First Aid	<p>PRIORITY BOOKING LIST <i>To be added send copy of your PFA certificate expiry date. Places are allocated on priority need.</i></p> <p>October FULLY BOOKED – if there's a cancellation, those on the waiting list will be contacted</p> <p>NEW November dates coming soon!</p>			

1:1 slots to support Risk Assessments and Systems of Controls advice available or drop ins for advice

To schedule email childcare-support@royalgreenwich.gov.uk

Trainings & Briefings.

Please download free Zoom app on device of your choice <https://zoom.us/download>

 Book via usual Direct Services to Schools training link below. For info email eyc.training@royalgreenwich.gov.uk

[http://servicestoschools.royalgreenwich.gov.uk/courses/private,-voluntary-and-independent-\(pvi\)-and-childminders](http://servicestoschools.royalgreenwich.gov.uk/courses/private,-voluntary-and-independent-(pvi)-and-childminders)

IMPORTANT ACTIONS FOR PROVIDERS

- ❑ All providers **must** return **Service Level Agreement 2020/21** and confirm whether **OPEN** or **CLOSED** in Autumn – you must do this via the DFE data collection survey
- ❑ All provider with under 5s **must** complete the **DFE data collection survey every Weds**
- ❑ Together for Twos application form - please ask parent to call or visit their local Children's Centre or you may check eligibility directly with Families Information Service on 0208 921 6921
- ❑ All funding claims must be received no later than **16 October 2020**
- ❑ In relation to Covid 19 - providers may be asked to stay open for critical worker and vulnerable children or support these children into alternative provision. Funding will follow children to avoid double funding.

Funding queries eyc-funding@royalgreenwich.gov.uk

SLAs to childcare-support@royalgreenwich.gov.uk

DFE Data Collection Survey link to be completed

every WEDS by 5pm – this continues to be a requirement by the DFE

<https://wh.snapsurveys.com/s.asp?k=159302319261>

TOGETHER FOR TWOS

To ensure that during this period, children eligible for a Together for Twos are able to take it up – please see attached form.

You can signpost parents to the online checker:

<https://search3.openobjects.com/kb5/greenwich/fsd/fel.page> or a Children's Centre to check their eligibility or Families Information Service

Providers can now complete the form on behalf of the Children's Centres where parents are reluctant to attend different sites. It is preferable that the parent corresponds directly with the Children's Centre

To find your local Children's Centre - https://www.royalgreenwich.gov.uk/directory/15/childrens_centres

1. The form must be completed fully and signed
2. Providers must have sight of all evidence and to photocopy relevant documentation
3. Request Families Information Service, local Children's Centre or Early Years carry out eligibility check. Any questions call FIS on **020 8921 6921**
4. Email queries to fis@royalgreenwich.gov.uk or eyc-funding@royalgreenwich.gov.uk
5. FIS can also help signpost to local Children's Centres
6. Places will not be funded unless an eligible check has been carried by the local authority or the Children's Centre, evidence has been seen and forms are stored safely for audit.
7. It is important to make contact with your local Children's Centre in brokering places for 2 year olds. They must be informed and may request a copy of the form or evidence

Keeping Children Safe:

Guidance

Report a serious childcare incident



Ofsted can take action against you if you do not tell us about these incidents within 14 days.

<https://www.gov.uk/guidance/report-a-serious-childcare-incident>

Report a serious childcare incident - The day of the incident is the first of these 14 days.

ACT SWIFTLY WITHOUT DELAY as it conveys transparency if Ofsted and the local authority hear from you first

What you must tell Ofsted

- the death of a child
- where a person's suitability to look after children might be affected, including:
- involvement with social services or the police
- something significant affecting their health
- events that might affect the smooth running of the childcare, such as a fire or flooding at the premises
- serious accidents, injuries or illnesses to a child, including confirmed cases of COVID-19 (coronavirus)
- food poisoning affecting 2 or more children

Coronavirus (COVID-19) cases

Please report:

- any confirmed cases of COVID-19 (coronavirus) in the setting, either in children or staff
- if the setting is advised to close as a result

You should report this as an "Event likely to impact on the smooth running of the setting".

Please also confirm:

- date when cases were first suspected
- date when cases were confirmed as positive
- total number of children attending the setting at the time of the suspected case
- total number of staff working at the setting at the time of the suspected case
- date the setting is closing from, and when you intend to re-open (if applicable)
- if you have notified the case to Public Health England via the Department for Education helpline
- the advice provided by the DfE helpline, if applicable:
- if you have advised the local authority (yes or no)
- any other action taken

Allegations of harm or abuse

You must also tell Ofsted about any allegations of serious harm or abuse anywhere by any person at the premises who is:

- living there
- working there
- looking after children there

ALWAYS NOTIFY childcare-support@royalgreenwich.gov.uk

Keeping Children Safe:

Guidance

Childcare: reporting children's accidents and injuries

Find out whether you need to tell Ofsted about an accident, injury or illness a child suffers while in your care.

<https://www.gov.uk/guidance/childcare-reporting-childrens-accidents-and-injuries>

Serious injuries, accidents and illnesses

You must tell Ofsted about any of the following:

- anything that requires resuscitation
- admittance to hospital for more than 24 hours
- a broken bone or fracture
- dislocation of any major joint, such as the shoulder, knee, hip or elbow
- any loss of consciousness
- severe breathing difficulties, including asphyxia
- anything leading to hypothermia or heat-induced illness
- any confirmed cases of coronavirus (COVID-19) in staff or children

Minor injuries – keep good records, risk assess and value whether there are any patterns emerging. Be aware that a concern may be shared with Ofsted by a parent where it falls in a minor injury category and so notifying Ofsted directly is strongly recommended as good practice

You do not need to tell Ofsted about minor injuries, even if treated at a hospital (for less than 24 hours).

These include:

- animal and insect bites, such as a bee sting that doesn't cause an allergic reaction
- sprains, strains and bruising, for example if a child sprains their wrist tripping over their shoelaces
- cuts and grazes
- minor burns and scalds
- dislocation of minor joints, such as a finger or toe
- wound infections

Eyes

You must report to Ofsted if a child suffers any loss of sight, whether it is temporary or permanent.

- penetrating injury to the child's eye
- chemical or hot metal burn to the child's eye

Substances and electricity

If a child in your care suffers any injury from, or requires medical treatment for, any of the following situations you must tell Ofsted:

- from absorption of any substance:
 - by inhalation
 - by ingestion
 - through the skin
- from an electric shock or electrical burn
- where there is reason to believe it resulted from exposure to:
 - a harmful substance
 - a biological agent
 - a toxin
 - an infected material

ALWAYS NOTIFY childcare-support@royalgreenwich.gov.uk



Ideas to Celebrate Black History Month

- ☆ Make and display African cloths and prints
- ☆ Make and display African and Caribbean flags
- ☆ Read African and Caribbean folk tales and stories eg So Much by Trish Cooke, Handa's Surprise by Eileen Browne, Not so fast Songololo by Niky Daly. See book list below for more ideas.
- ☆ Sing African and Caribbean songs
- ☆ African jewellery making

For Role play

- ☆ Add to the home corner a Dutch pot, African recipe and menu cards, photos, pictures and greeting cards depicting people of African, Caribbean heritage
- ☆ Set up an African-Caribbean hairdresser. Ask parents and staff to bring in empty hair and styling product containers or visit your local AC hairdressers. Include magazines depicting different hairstyles,
- ☆ Set up an African or Caribbean café

Art and Craft

- ☆ Children could paint self-portraits (ensure there are adequate colours for mixing to make skin tones)
- ☆ Explore and display patterns used in different cultures e.g. Nigerian Kente cloth. Weave your own patterns with different coloured cloth on the railings or fence. You can Google 'Kente patterns' to get examples.
- ☆ Display pictures of different buildings and homes in Africa and the Caribbean
- ☆ Focus on relevant flags. Make and decorate hats, wrist bands etc in flag colours

Stories and storytelling

Use books and stories to celebrate as it's a very powerful way of representing the world for young children, allowing them to explore different aspects of people's lives. Some of the books relevant for BHM may already be familiar to the children, include traditional tales (Anansie stories), folk stories, poetry and non-fiction. A particular story could be the starting point for planning activities over the month. See booklist below for more ideas

Games and numbers

A lovely book with some interesting ways of making different numbers on your fingers is; Count on your fingers African style, Claudia Zaslavsky. Other books around the theme of numbers and counting include: Emeka's Gift- An African Counting Story, Ifeoma Onyefulu. Island Counting, Frane Lessac. One smiling grandma, Ann Marie Linden & Lynne Russell. One Child One Seed - A South African Counting book, Kathryn Cave.

Music and dance

Play African-Caribbean music and allow the children space to dance. Make shakers and drums and decorate with the children.

Languages

Focus on different African and Caribbean languages and dialects. Make a display with examples of all the languages your children speak and understand.

Photographs

Have photos of different people from African-Caribbean and other backgrounds, this can be the starting point for discussion about similarities and differences amongst the children.

Recipes from the Caribbean



Johnny Cakes (dumplings)

Ingredients
80z self raising flour
2oz sugar
a little salt
water
oil

What to do

Put the flour into a bowl adding the salt. Mix well then add the water, a little bit at a time until it is all mixed in. Pour in the sugar and mix well. Put oil in a frying pan and heat. Get a piece of the dough and roll it in your hand, flatten it out but not too flat. Put it in the frying pan and let it brown. Repeat until all the dough is finished. Eat on their own or with a main course.

Carrot juice

You can either juice fresh carrots for this or use a tin of carrot juice.

This is a typical drink of many of the Caribbean islands, usually made on a Sunday to have with a special Sunday dinner.

Ingredients
Carrots or tin of juice
1 small tin condensed milk
3 tablespoons sugar
2 tablespoons vanilla
2 teaspoons nutmeg
 $\frac{3}{4}$ pint of milk
Ice



Put all the ingredients in a very large jug. Whisk well and serve. Delicious!

Recipes from Africa

Akla: Blackeye bean fries (West Africa)

Ingredients

225g dried blackeye beans
110g onions, peeled and chopped
1 tablespoon of scraped and chopped ginger
2 tablespoons of hot water
1 teaspoon of chilli powder
salt and pepper
vegetable oil for frying



What to do

Soak the beans in double their volume of hot water for about 30 minutes then drain off the water. Using both hands, squeeze and gently rub the beans so that the skins slide off. Cover the beans with water again and let the skins float away. Drain the beans and pound (or use an electric blender) with the rest of the ingredients until you have a smooth puree. Heat the oil in a saucepan.

Scoop up a teaspoon of the bean puree and drop it into the hot oil. Fry, turning frequently for about 5 minutes until golden brown.

Drain in kitchen paper. Serve hot or cold. These freeze well.



H'mbasha - spiced bread (Ethiopia)

Ingredients

300ml warm water
25g fresh yeast
1 egg
1 teaspoon ground fenugreek
1 teaspoon ground coriander
½ teaspoon ground black cardamom
½ teaspoon of salt
500g flour (you can mix white and wholemeal)

What to do

Dissolve the yeast in the warm water. Add the spices and the egg. Mix well. Add the flour to the mixture a little at a time. Mix and knead for about 10 minutes. Cover and keep the dough in a warm place, allow to rise until almost double in size. Divide into 4 pieces and using your hand, flatten each piece lightly into a round flat loaf. Decorate the loaf with 'stripes' using a fork or knife.

Place in a heavy heated frying pan. Cover and cook for about 7 minutes. Remove from the pan, brush with warm water or butter and cover with a clean tea towel. Cook the remaining loaves in the same way. Serve hot or cold.



Welcome to Royal Greenwich Black History 365 season – watch the video

<https://youtu.be/mtKTg9blju4>

This year Black History Month is taking place under the challenging circumstances of COVID-19 and many activities and events will be done differently. Despite this, Royal Greenwich are excited to Black History Month season with a mix of socially-distanced live activities alongside online events. It gives the opportunity to recognise and celebrate the achievement and contributions of people from the African and Caribbean diaspora and the role models that are inspiring the next generation. Royal Greenwich Black History 365 is our commitment to celebrating the contribution of our Black and marginalised residents every day of the year.

<https://www.bbc.co.uk/cbeebies/joinin/black-history-month>



Watch videos in which parents show their child special objects as a way of bringing history alive for them. Use anything that's significant to the child, parents and staff to start chats about family heritages.

<https://www.bbc.co.uk/cbeebies/grownups/black-history-month-articles-from-bbc>

Watch short video dramatisations introducing the stories of ten children who grew up and changed the world.



<https://www.booktrust.org.uk/booklists/b/black-history-month/>

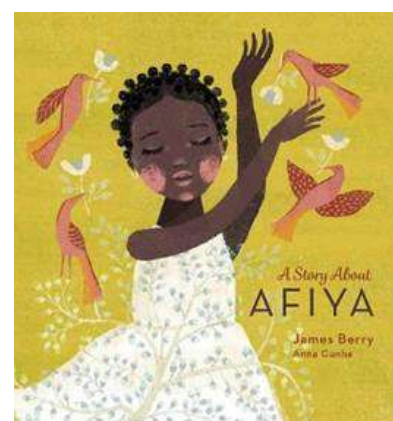
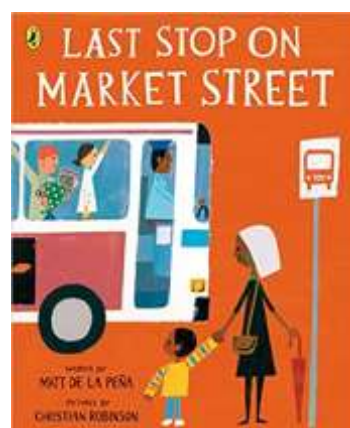
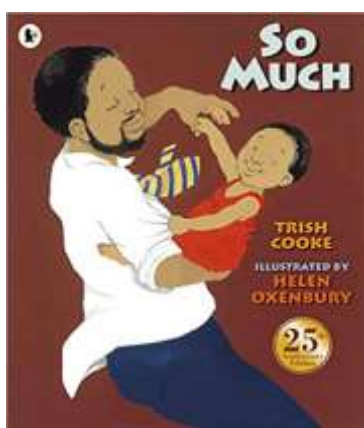
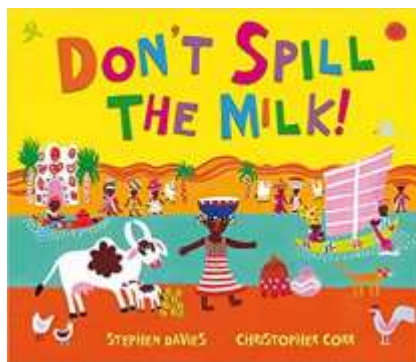
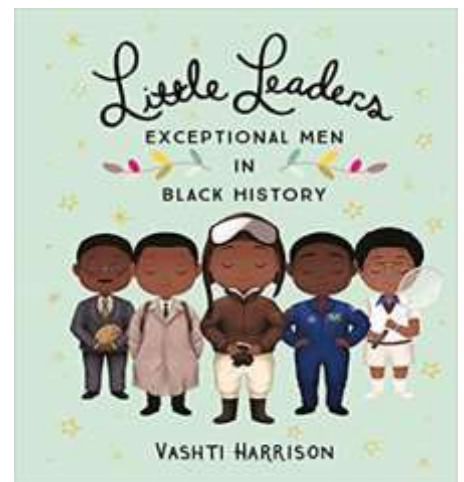
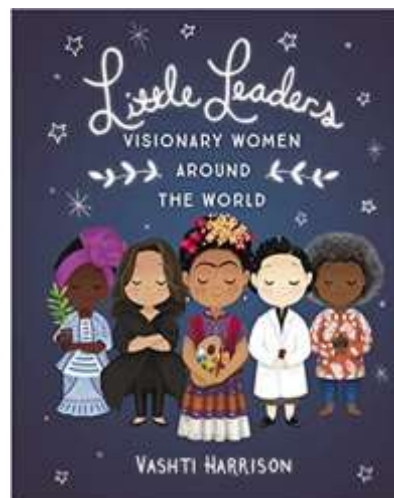
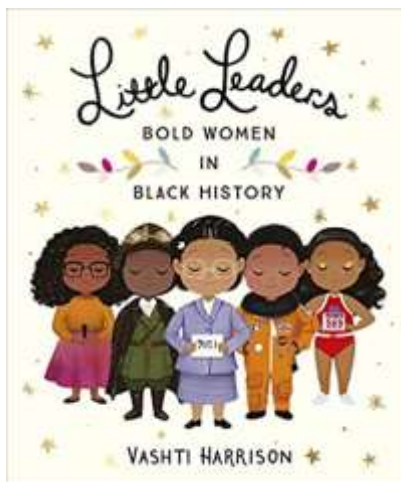
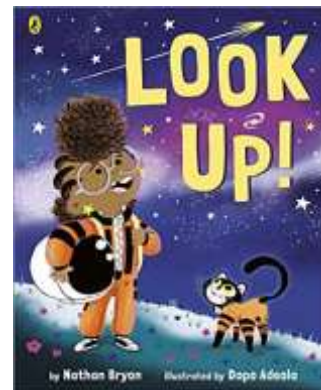
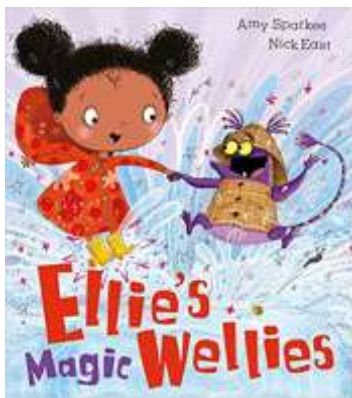
Sharing a book for Black History Month 2020

Overleaf are some great books to read and share with the children in your setting. The books include from a story about a little girl called Ella who followed her dream to sing, about Sulwe who learns to see her own beauty and Ruby who learns how to deal with a worry.

There are also books which celebrate the amazing things done by Black men and women.

Fantastic additions to your book corner all year round.

Black History Month Books to Share and Inspire



Black History Month Videos to Watch and Inspire



Watch Lupita Nyong'o Read "Sulwe"



<https://www.youtube.com/watch?v=vujbTOuzg2Q>



Animated short film from Matthew A. Cherry, tells the heartfelt story of an African American father learning to do his daughter's hair for the first time.



https://youtu.be/kNw8V_Fkw28

<https://www.tatastorytime.com/>

Tata Storytime is a YouTube children's channel where fantastic actors read beautiful picture books.

With Black Authors from African, Caribbean & African American heritage these stories will engage your children.



Digital Offers by **Children's Centres** and **Greenwich Libraries**

<https://www.facebook.com/pg/Greenwich-Libraries-375637446612900/videos/>



Children's Centres

To get in touch with your local Children's Centre by phone – you can find their contact details here

https://www.royalgreenwich.gov.uk/directory/15/childrens_centres

EAST CHILDREN'S CENTRES

www.facebook.com/abbeywoodthamesmeadchildrenscentres

Telephone 020 8311 5491 / Email waterways@gll.org

SOUTH GREENWICH CHILDREN'S CENTRES

www.facebook.com/southgreenwichchildrenscentres

Tel: 020 8859 1110 / Email: SGCCSM@gll.org

GREENWICH WEST CHILDREN'S CENTRES

Website: <https://www.quaggydevelopmenttrust.org/>

Facebook: <https://www.facebook.com/quaggycc>

Follow Halo the Hippo <https://www.facebook.com/halothehippo>

CENTRAL GREENWICH CHILDREN'S CENTRES

<http://www.homestartgreenwich.org.uk/>

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