Royal Greenwich – a great place to grow up!





Childcare Options Royal Greenwich

Dear Providers

This e bulletin is jam packed with new training dates and World Book Day ideas.

WORLD BOOK DAY

Changing lives through a love of books and shared reading.

Everything you need for Thursday 4 march can be found here.

https://www.worldbookday.com/schoolsandnurseries/ or https://www.worldbookday.com/resources/nursery/

If you forgot to order your book tokens, you can order digital book tokens!

Digital £1/€1.50 book token – For World Book Day 2021, WBD are helping schools and nurseries/pre-schools distribute the £1/€1.50 book tokens to children and young people who aren't able to be at school/nursery by offering a digital version of the book token.

Registration for the digital token is open to ALL schools and nurseries/pre-schools regardless of whether they have previously registered to take part in World Book Day. <u>Register for the digital token</u>.

Childminders, please contact your local library for activities and check whether they have any tokens available. It is all a bit different this year. It is also worth contacting WBD directly for tokens, just in case!

Happy World Book day

Kallie – Team Leader, Kerry, Rachel, Elaine, & Rebecca – Advisors, Danielle & Janet – Funding



Main telephone lines are not fully available but if you provide a phone number we will call you right back and speak to you in person – we are open 9am – 5pm Mon - Fri.

Parents FIS@royalgreenwich.gov.uk

Providers Childcare-support@royalgreenwich.gov.uk

Miss a copy of the e-bulletin?

Catch up here and check out links to important information sources

https://www.royalgreenwich.gov.uk/info/200283/nurseries_and_early_learning/2183/early_years_team_info rmation_for_providers/2

Area of EYFS	Training Courses and Workshops	Dates	Start Times	End Times
Safeguarding & Welfare	Intermediate Safeguarding Training	27/02/2021	09.30	13:00
	Domestic Abuse Awareness Training	04/03/2021	19:00	20:30
	Keeping Babies Safe	10/03/2021	10:00	15:00
	Child Bereavement Training	11/03/2021	19:00	20:30
	Designated Safeguarding Person Training	13/03/2021	09:30	13:00
	Safer Recruitment, Supervision & Appraisals	18/03/2021	14:00	16:00
	Safer Recruitment, Supervision & Appraisals	15/04/2021	19:00	21:00
	Equality, inclusion & representation - recognising unconscious bias	09/03/2021	14:00	16:00
	Equality, inclusion and representation - recognising unconscious bias	08/04/2021	19:00	21:00
EYFS & Education Inspection Framework (EIF)	Working with the new EYFS framework briefing	22/04/2021	19:00	21:00
	Working with the new EYFS framework briefing	26/04/2021	14:00	16:00
	Revisiting the EIF briefing	29/04/2021	14:00	16:00
	Revisiting the EIF briefing	06/05/2021	19:00	21:00
Paediatric	Paediatric First Aid – blended course	03/03/2021	08:45	16:00
First Aid	Paediatric First Aid – blended course	27/03/2021	08:45	16:00
	Paediatric First Aid – blended course	14/04/2021	08:45	16:00
	Paediatric First Aid – blended course	17/04/2021	08:45	16:00
	Paediatric First Aid – blended course	08/05/2021	08:45	16:00
	Paediatric First Aid – blended course	19/05/2021	08:45	16:00

Early Years & Childcare NEW Training Events

Trainings & Briefings.

Please download free Zoom app on device of your choice https://zoom.us/download

- Book via usual Direct Services to Schools training link below. For info email <u>eyc.training@royalgreenwich.gov.uk</u>
- NEW LINK TO TRAINING HERE <u>Courses (royalgreenwich.gov.uk)</u>

https://servicestoschools.royalgreenwich.gov.uk/courses/pvi

New look Direct Services - for subsidised and free training visit for groupcare and childminders click on link

Courses (royalgreenwich.gov.uk)

https://servicestoschools.royalgreenwich.gov.uk/courses/pvi



Private, Voluntary and Independent (PVI) and Childminders

ervicestoschools.royalgreenwich.gov.uk/courses						
ROYAL borough of GREENWICH		Home	About us	Services	Courses	PE
Direct Services to Schools						
reduced in cost by 10% to that advertise	d.					
Please note you will need to register an acco	ount on					
the website before you are able to book cou	irses.	Whole School				
		Prioritising	Mental H	Health		
	\Rightarrow	Private, Vol Independer Childminde	nt (PVI) a			

Statutory framework for the early years foundation stage

Setting the standards for learning, development and care for children from birth to five

EYFS changes

Revised framework consultation

The attached is available for comment until 18 March 2021

Please send comments <u>EYFSP.REFORMS@education.gov.uk</u>

Look out for free LA training in EYFS !

Published: xx

Effective: 1 September 2021

DRAFT VERSION

As part of the legislative process needed to enact the reforms to the EYFS, DfE recently sought views from local authority representatives, sector bodies and a number of early years providers on proposed minor changes to the safeguarding and welfare section of the revised EYFS statutory framework.

These changes are intended to ensure the EYFS requirements are clear and to help keep children safe. The changes were not included as part of the public consultation in **October 2019** as they are updates to clarify common questions on existing policy or to reflect updates in the law since the last revision of the EYFS framework was published in 2017. A number of responses were received and considered individually before finalising the draft.

The <u>draft framework</u> has now been published and will be available for one month from the date of publication for comment (as required by the Childcare Act 2006).

Changes to the current EYFS statutory framework are in red to highlight where DfE are seeking views. The new educational programmes and early learning goals (ELGs) are not in red as these are final government policy as confirmed following the full 12 week public consultation conducted in 2019.

Please note that DfE are not seeking further views on the changes to the EYFS framework that were confirmed in the government's official response to the 2019 EYFS reforms consultation. The response confirmed:

• Final educational programmes;

- Final early learning goals (ELGs);
- Removal of the statutory duty for local authorities to externally moderate EYFS profile judgements;
- Removal of the 'exceeding' judgement criteria from the EYFS profile;
- Change to the safeguarding and welfare requirements to promote good oral health.

You will see that the changes are in red to highlight where the DfE are seeking views - you will note that the new educational programmes and early learning goals (ELGs) are not in red as these are final government policy following the 2019 consultation.

https://www.foundationyears.org.uk/wp-content/uploads/2021/02/DRAFT-EYFS-Framework-for-comment-February-2021.pdf

Press release Prime Minister sets out roadmap to cautiously ease lockdown restrictions

https://www.gov.uk/government/news/prime-minister-sets-out-roadmap-to-cautiously-ease-lockdown-restrictions

The Prime Minister has set out the next phase of the government's response to coronavirus (COVID-19), including where some restrictions can be lifted. The decision to ease restrictions is made on the balance of risk to public health and educational considerations.

Guidance

COVID-19 Response - Spring 2021

Published 22 February 2021

https://www.gov.uk/government/publications/covid-19-response-spring-2021

Contents – click on blue hyperlinks for more information <u>Executive summary</u>

I.Introduction

2.The Health Care Response: The NHS, vaccines and therapeutics

3.Roadmap

4.Keeping people safe and responding to threats

5.Economic and social support

6.Long term

Or easy read here

How we will slowly move out of lockdown

Easy Read version of: ROADMAP OUT OF LOCKDOWN COVID-19 Response - Spring 2021: a summary



Easy read link to share

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/965011/C OVID-19_Response_-_Spring_2021___Summary_-_Easy_Read_.pdf

Lockdown easing: Key dates

Step one: 8 March

Schools open. Outdoor after-school sports allowed

Two people allowed to sit together outdoors

Care home residents allowed one regular visitor

Step one: 29 March Six people or two households allowed to meet outdoors

Outdoor sports facilities open, organised sport allowed

Travel outside local area allowed

Step two: 12 April* Non-essential retail and personal care open

Hospitality outdoors open

Indoor leisure eg gyms, swimming pools open

Self-contained holiday accommodation open

Step three: 17 May* Outdoors most social contact rules lifted

Six people or two households can meet indoors

Indoor hospitality and hotels open

Step four: 21 June* All legal limits on social contact removed

Hope to reopen final closed sectors of the economy

*Earliest possible date Source: GOV.UK

BBC

DFE NEWS

The DFGE have published 13th version of 'actions for early years and childcare providers during the coronavirus (COVID-19) outbreak' guidance which can be accessed via gov.uk

Guidance

Actions for early years and childcare providers during the coronavirus (COVID-19) outbreak

What childcare services early years settings, childminders and local authorities need to provide during the coronavirus (COVID-19) outbreak.

https://www.gov.uk/government/publications/coronavirus-covid-19-early-years-and-childcare-closures Actions for early years and childcare providers during the coronavirus (COVID-19) outbreak

February 2021

DfE master statuatory guidance template (publishing.service.gov.uk)

Main changes to the guidance for early years:

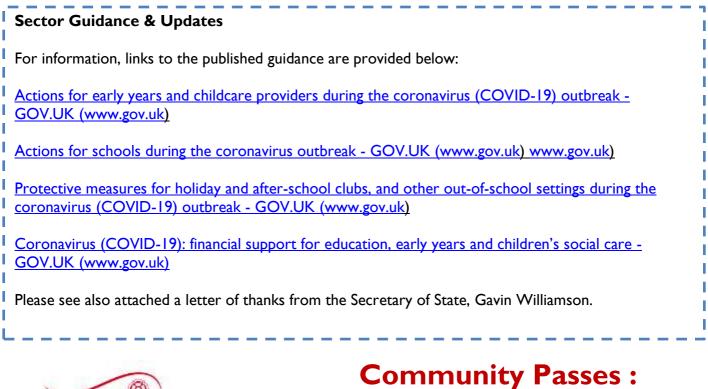
- **Face coverings -** clarified the guidance on wearing of face coverings where social distancing between staff in communal areas is not possible
- **Childminders for school-aged children -** childminders can continue to look after all early years children.

UNTIL 8 MARCH	FROM 8 MARCH
Until 8 March, childminders should continue to only look after those school-age children (from reception onwards) who are <u>vulnerable</u> or children of <u>critical workers</u>	From 8 March, childminders will be able to look after vulnerable children as normal, and all other children where parents are using the provision to support them to work, seek work, undertake education or training, or attend a medical appointment or address a medical need.

• **Testing** - section on asymptomatic testing has been added confirming that DFE are now expanding home testing kits to staff in all private, voluntary and independent nurseries, who should start to receive deliveries of Lateral Flow Device (LFD) home testing kits to offer to all their staff for twice weekly testing from next month.

This is will help to identify positive cases more quickly and break the chains of transmissions. <u>Childminders as essential workers can continue to access community testing</u> at one of the local sites listed overleaf) and the DFE continues to work with colleagues across government to review the testing approach available for childminders.

DFE statement on mass testing is available here <u>Mass testing for secondary pupils as all schools and colleges fully reopen from 8 March - GOV.UK</u> (www.gov.uk)



ROYAL borough of GREENWICH

Test and Trace

Pilot Scheme

Drop in testing for specific providers offering funded early years entitlements

Community testing programme (for those who don't have symptoms)

Rapid tests for those people without symptoms

Don't forget to **collect** community passes for staff where you have already been emailed.

Select providers (offering funded places to 2, 3 and 4 year olds) can then drop into any local testing site without appointment for a test.

All other providers and staff can continue to block book regular test via the appointment system below.

https://www.royalgreenwich.gov.uk/forms/form/597/en/community_testing_programme

Test sites for everyone are:

Daniel Defoe Hall, University of Greenwich, Greenwich - map Open Wednesday to Sunday, 8am to 8pm

David Fussey Building, University of Greenwich, Avery Hill - <u>map</u> Open 7 days per week, 8am to 5pm

Charlton Athletic Football Club, Charlton - map Open Monday to Friday, 8am to 8pm

Waterfront Leisure Centre, Woolwich - map Open Tuesday to Saturday, 8am to 8pm

New! Princess Alice pub, Thamesmead - map Seven days a week, 8am to 8pm

Child / staff member develops Covid-19 symptoms:

- High temperature
- New continuous cough
- Loss of or change to sense of smell or taste

Send child / staff member home immediately to isolate for at least **10 days** and notify household members to isolate for 14 days

If child is waiting to be collected, separate from group (room or 2m if no room) and isolate with **one** member of staff

Child / staff member should arrange to have a test within 8 days <u>https://www.gov.uk/get-coronavirus-test</u> or call NHS 119

NEGATIVE

Child / staff member can return to setting and household members can end **10 day** isolation

POSITIVE

Rest of children and staff in **close contact** sent home to isolate for **10 days** (whole of childminder household)

26 Feb 2021 Covid 19 Responding to a Suspected /Confirmed Case

DfE coronavirus helpline Telephone 0800 046 8687

Staff member to wear PPE until child has left and then safely discard PPE

clean all areas affected

all in contact with child/staff to wash hands

(Follow **Cleaning of nonhealth care settings** guidance)

POSITIVE

Other household members of those in close contact sent home **do not** need to isolate unless the child / staff member sent home develops symptoms

You must IMMEDIATELY NOTIFY

- I. Telephone new PHE / DFE helpline 0800 046 8687 select Option I positive cases only
- 2. Local Authority Early Years and Childcare and Public Health team via notification form <u>childcare-support@royalgreenwich.gov.uk</u> and <u>healthprotection@royalgreenwich.gov.uk</u>
- 3. Ofsted Online notification form

Outbreak - if two or more confirmed cases within 14 days or overall rise in sickness absence where COVID-19 suspected – PHE local health protection to advise on additional actions <u>phe.slhpt@nhs.net;</u> <u>slhpt.oncall@phe.gov.uk</u> Department of Health & Social Care



Guidance Guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19

Updated 25 February 2021

NEW UPDATE

https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19

Don't forget to send us details of who is clinically extremely vulnerable so we can advocate for earlier vaccinations.

Email childcare-support@royalgreenwich.gov.uk

Contents

- I. Who this guidance is for
- 2. What has changed
- 3. Socialising
- 4. <u>Work</u>
- 5. Education settings
- 6. Travel
- 7. Shopping
- 8. <u>Medicines</u>
- 9. Accessing care and support
- 10. Registering for additional support
- II. Definition of clinically extremely vulnerable groups

Vaccine News

Independent report

Joint Committee on Vaccination and Immunisation: advice on priority groups for COVID-19 vaccination, 30 December 2020

Updated 6 January 2021

oint

<u>Committee on Vaccination and Immunisation: advice on priority groups for COVID-19 vaccination, 30</u> <u>December 2020 - GOV.UK (www.gov.uk)</u>

Public Health England

> Promotional material COVID-19 vaccination first phase priority groups

Updated 23 February 2021

https://www.gov.uk/government/publications/covid-19-vaccination-care-home-and-healthcare-settings-posters/covid-19-vaccination-first-phase-priority-groups

Priority	Risk group		
1	Residents in a care home for older adults and staff working in care homes for older adults		
2	All those 80 years of age and over and frontline health and social care workers		
3	All those 75 years of age and over		
4	All those 70 years of age and over and <u>clinically extremely vulnerable</u> individuals (not including pregnant women and those under 16 years of age)		
5	All those 65 years of age and over		
6	Adults aged 16 to 65 years in an at-risk group (see clinical conditions below) [footnote1]		
7	All those 60 years of age and over		
8	All those 55 years of age and over		
9	All those 50 years of age and over		
10	Rest of the population (to be determined)		

Clinical conditions list:

- a blood cancer (such as leukaemia, lymphoma or myeloma)
- diabetes
- dementia
- a heart problem
- a chest complaint or breathing difficulties, including bronchitis, emphysema or severe asthma
- a kidney disease
- a liver disease
- lowered immunity due to disease or treatment (such as HIV infection, steroid medication, chemotherapy or radiotherapy)
- rheumatoid arthritis, lupus or psoriasis (who may require long term immunosuppressive treatments)
- have had an organ transplant
- had a stroke or a transient ischaemic attack (TIA)
- a neurological or muscle wasting condition
- a severe or profound learning disability
- a problem with your spleen, example sickle cell disease, or you have had your spleen removed

UK

(m)

0.3

0.5

3.3

3.8

2.3

3.2

1.2

~15m

2.9

7.3

1.8

2.4

2.8

~17m

- are seriously overweight (BMI of 40 and above)
- are severely mentally ill

Further detailed information on priority groups is available in the <u>COVID-19 Green Book, chapter 14a</u>.

 At the same time as adults under 65 years with long term conditions, the vaccine will also be offered to unpaid adult carers – those who are in receipt of a carer's allowance, or those who are the main carer of an elderly or disabled person whose welfare may be at risk if the carer falls ill.

Priority Group JCVI Category England (m) 1 Residents in a care home for older adults 0.3 Residential Care Workers 0.4 2 All those 80 years of age and over 2.8 Frontline health and social care workers 3.2 3 All those 75-79 years of age 1.9 4 All those 70-74 years of age 2.7 Clinically Extremely Vulnerable (under 70) 1.0 Total priority cohorts 1-~12m 4 5 All those 65-69 years of age 2.4 6 All individuals aged 16 years to 64 years with underlying health 6.1 conditions 7 All those 60-64 years of age 1.5 8 All those 55-59 years of age 2.0 9 All those 50-54 years of age 2.3 Total priority cohorts 5-~14m 9 То

How many within category?

~27m	~32m
~18m	~21m
~44m	~53m
	~18m

Vaccination News

The NHS programme continues to be delivered as set out by government.

Royal Greenwich continue to raise the issue of vaccination within the sector at every opportunity.

https://www.pacey.org.uk/working-in-childcare/spotlight-on/coronavirus/faqs-coronavirus/#Vaccinations

As an early years or childcare practitioner, am I eligible to receive the vaccine under the JVCI's social care worker category?

This applies to all early years or childcare practitioners including childminders and nannies.

The Department of Health and Social Care (DHSC) and the NHS have confirmed that early years and childcare practitioners are not included in the Joint Committee on Vaccination and Immunisation (JCVI) current priorities for the vaccine <u>unless</u> they provide care for clinically extremely vulnerable children. The NHS are using the categorisation of social care that has been <u>published by the JCVI</u>.

The NHS has recently updated its definition of clinically extremely vulnerable (see FAQ section 'Being open, staff and parents' for further information) so you should check this even if you have previously done so.

I have an appointment booked – should I cancel? 🔨

If you booked an appointment and you don't fit the criteria detailed in the previous question you have been asked to cancel your appointment as you are likely be turned away at the vaccination service. This will help to ensure that someone in the eligible cohort doesn't miss out on an appointment.

But when I phoned 119 the operator told me I was eligible? A

Last week (w/c 8 February 2021), when people in the JCVI's social care cohort were allowed to self-refer for an appointment, the NHS vaccination system did include childcare and early years practitioners in error and make appointments for them. This system has now been amended to reflect the fact that childcare and early years practitioners are not eligible for vaccination as part of the social care workforce (unless they are caring for clinically extremely vulnerable children).

Will I get fined for booking my vaccine if I am not eligible? 🔺

DHSC has confirmed that childcare or early years practitioners who do not fit the criteria detailed in the first question of this section but have already received their vaccine will not be fined.

Take up of vaccine by BAME communities is lower so please support families and staff to encourage their elders to have find out accurate information from reliable sources such as the NHS, BBC or their GP

https://www.bbc.co.uk/news/entertainment-arts-56101990

Commercial TV channels unite to screen Covid vaccine myth-busting video



https://youtu.be/b2Ald__Ahbl

Covid: Vaccine fears addressed in South Asian languages

https://www.bbc.co.uk/news/uk-55925490



MAYOR OF LONDON

LONDONASSEMBLY

Translated COVID-19 guidance

Find information in community languages here

https://www.london.gov.uk/coronavirus/translated-covid-19-guidance

- COVID-19 vaccine
 - FAQs Vaccine coverage and eligibility
 - FAQs Vaccine safety and components
 - FAQs Vaccine efficacy/effectiveness
 - FAQs Practical queries around getting the vaccine
 - FAQs Operational plans
 - o Public resources
 - o <u>Get Involved</u>
- Our COVID-19 response
- Reporting COVID-19 scams

https://selondonccg.nhs.uk/what-we-do/covid-19/covid-19-vaccine/

South East London

Clinical Commissioning Group

Click on blue hyperlinks for information



IMPORTANT MESSAGE:

The NHS in south east London is working hard to vaccinate those most at-risk from COVID-19.

If you are aged 64 and over, a frontline health or social care worker, a carer (you are eligible for a <u>Carer's</u> <u>Allowance</u>) or clinically extremely vulnerable (high risk) – you can book your vaccine online at <u>www.nhs.uk/covid-vaccination</u> or call **II9** without needing an invitation.

If you are on the learning disability register or clinically vulnerable (moderate risk) from COVID-19 please wait to be contacted by the NHS.

See the full list of priority groups <u>here</u> and guidance on the high and moderate risk categories <u>here</u>.

Guidance Holiday activities and food programme

Information for local authorities who will receive funding to support disadvantaged children during the 2021 Easter, summer and Christmas holidays.

Holiday activities and food programme 2021 - GOV.UK (www.gov.uk)

Contents

- I. <u>Overview</u>
- 2. <u>Background</u>
- 3. Who the programme is for
- 4. Funding
- 5. What's involved

What is the Holiday Activities and Food Fund for?

Free holiday clubs are a response to this issue and evidence suggests that they can have a positive impact on children and young people and that they work best when they:

- provide consistent and easily accessible enrichment activities
- cover more than just breakfast or lunch
- involve children (and parents) in food preparation

Who the programme is for

The aim of the programme is to make free places available to children eligible for free school meals for the equivalent of at least 4 hours a day, 4 days a week, 6 weeks a year. This holiday provision is for children who receive **benefits-related free school meals.** It will of course be optional for eligible children to attend this provision if they wish.

Local authorities are asked by the DFE to ensure that the offer of free holiday club provision is available for all children eligible for free school meals in the area. DFE also encourages local authorities to make the holiday clubs available to any children not eligible for free school meals, who can pay to attend.

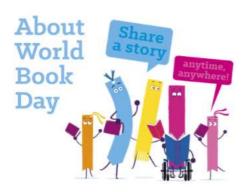
As a result of this, the government want children who attend this provision to:

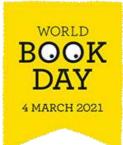
- eat more healthily over the school holidays
- be more active during the school holidays
- take part in engaging and enriching activities which support the development of resilience, character and wellbeing along with their wider educational attainment
- be safe and not to be socially isolated
- have a greater knowledge of health and nutrition
- be more engaged with school and other local services

What do you need to do as an out of school provider?

In the meantime, if you do provide out of school and / or holiday provision please make sure you feature on the Family Services Directory. If you don't, or need to update your information, please do so by getting in touch with <u>fis@royalgreenwich.gov.uk</u>

Home Learning Environment





Thursday 4th March - World Book Day 2021

World Book Day aims to 'change lives through a love of books and shared reading. World book day is a great way to inspire children to love and enjoy books. You can have a book-themed event and invite children to dress up as their favourite book character. You can have lots of fun theming a whole day, or a whole week of activities around books.

Children need to hear between one to two thousand stories and books read, before moving on to become readers themselves. Having access to books and developing a love of reading for pleasure is vital for a child's future, so we need to celebrate books and celebrate reading with our children!

- Give parents and carers books to take home to share with their children.
- Explore a range of reading materials.
- Books that offer the opportunity to share rhyme and poetry,
- Traditional stories, classic fiction, new fiction and opportunities to discover non-fiction.
- There are also a wider range such as comics and graphic novels, dual language texts, short stories, magazines and on-screen texts.

To help children develop, it is important for parents and early years practitioners to embrace and teach children about the magic of storytelling. Re-tell well known stories through play.

Penny's top 5 storytelling tips - YouTube



Different Voices



Use props and loose parts as an invitation for children to re-tell the stories they know.

Click on the links below for ideas on how you can tell stories with:

- printable story telling kits, like Goldilocks
- ★ Fairy Tale fridge magnets
- ★ <u>Story Stones</u>
- storytelling cards
- ★ <u>story telling tin</u>
- ★ <u>story maps</u>
- The Very Hungry Caterpillar activities



One popular way of celebrating the day is for children to dress up as their favourite characters from books and literature. You can creativity make costumes of characters and plan fun activities.

Lola from Big Hair Don't Care by Crystal Swain-Bates

Handa from Handa's Surprise by Eileen Browne



https://www.pinterest.co.uk/ehorton0050/storybook-character-costumes/



Dress as Mr Strong or Little Miss Sunshine

MR-Strong-and-Little-Miss-Sunshine.pdf (bookaid.org)



Dress as the Gruffulo

<u>GRUFFALO-revised.pdf</u> (bookaid.org)

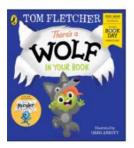


Dress as Spot <u>dress-up-sheets-spot-</u> <u>claude.pdf (bookaid.org)</u>



Dress as Elmer Elmer.pdf (bookaid.org)







Creating a special place to read shows just how wonderful books are. All you really need is a place to sit and some books.

By adding some extra special touches, you can make a little reading den that children love to visit. There are lots of online ideas

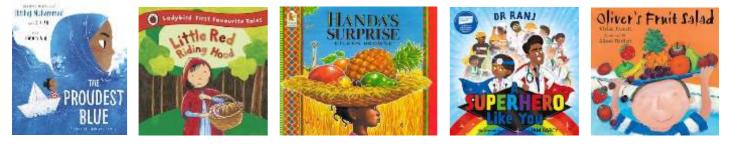
https://home.oxfordowl.co.uk/blog/building-readingdens/

https://www.pinterest.co.uk/doreenspencer/bookcorner-ideas/

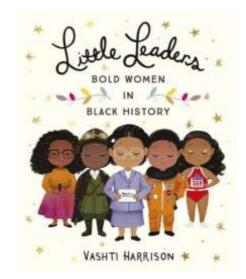




A Few Characters Ideas



On World Book Day, Black Characters Matter https://archive.voice-online.co.uk/article/world-book-day-black-characters-matter



https://www.worldbookday.com/2020/10/black-history-month/



Healthy Early Years London

Mental Health & Wellbeing



WELLBEING FOR EDUCATION RETURN: RESOURCES FOR EDUCATION STAFF INFORMATION SHEET AND FREQUENTLY ASKED QUESTIONS



New and updated <u>Wellbeing for Education Return</u> resources are now available for education staff who do not have access to locally adapted training and support, or to supplement existing local offers. You will need to set up an account and access a code.

These include a short, recorded webinar - <u>'Every interaction matters'</u>. It introduces a simple framework for promoting wellbeing, resilience and mental health, building on education staff's existing roles, skills and personal qualities. It is intended for use by education leaders with all staff in staff or INSET sessions, or for education staff to work through individually.

This sits alongside the original Wellbeing for Education Return <u>content</u> covering issues such as bereavement, loss, anxiety, stress and trauma and signposting to <u>free information and resources</u> for education staff, children and young people, parents and carers.

Information sheet and FAQ's attached



Looking after your mental health as a teacher

Looking after your mental health as a teacher | Mental Health Foundation

Future لے Learn

Psychological First Aid: Supporting Children and Young People

FREE ONLINE COURSE

By Public Health England



Duration 3 weeks Weekly study 1 hour 100% online Try this course for free

Learn how to support children and young people using psychological first aid

On this 3-week free course you will explore the techniques of psychological first aid (PFA), the globally recommended training for supporting people during emergencies. You'll focus on children and young people's mental health, and what you can do to help them cope and access the support they need during and after emergencies and crisis situations. The course has been produced by

Identify how emergencies like COVID-19 affect children and young people's mental health

Crises can severely impact mental health and it's important that people have access to the support they need. During this course, you'll explore how emergencies affect mental health and what you can do to help the children, young people, and families you come into contact with. You'll learn how to recognise the common signs of distress across different age groups and be able to identify who might be at an increased risk. PFA will also teach you helpful strategies to determine when people require additional support.

What topics will you cover?

- What is Psychological First Aid?
- How do children and young people respond to emergencies and crisis situations?
- The PFA stages to supporting people: Prepare, Look, Listen, Link
- Supporting yourself and your colleagues

What will you achieve?

By the end of the course, you'll be able to...

- Explain what psychological first aid is
- Identify children, young people and families for whom it is suited and how you can help them
- Describe how children and young people of different ages react to traumatic experiences
- Identify ways to look after yourself and your peers when working in the context of an emergency
- Engage with further reading into psychosocial support during emergencies

Who is the course for? And what skills do you need?

- Be a good listener. An important part of PFA is identifying what help and support each person requires.
- Understand the importance of accurate information during the pandemic and where to access it.
- Have the ability to encourage active coping by, for instance, helping people make plans.
- Encourage and help people to connect to others (in line with current regulations).
- Be aware of people's cultural preferences and needs.
- Be aware that some people may be extremely distraught and tearful and that you may become upset too

Keeping Children Safe



020 8921 4477

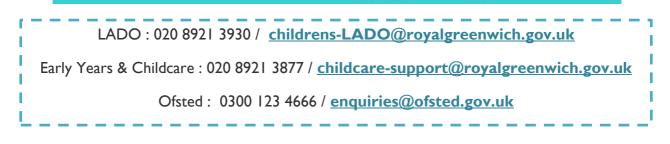
🔁 safeguardingchildren@royalgreenwich.gov.uk

Contact Children's Services

Emergency Duty Team (out of office hours only): 020 8854 8888 Referral team: 020 8921 3172

Keremar (cam. 020 0521 5172

Email: mash-referrals@royalgreenwich.gov.uk



Whistleblowing

Whistleblowing is when an employee of an organisation passes on information that they reasonably believe shows wrongdoing or a cover up by that organisation. This might be about activity that is:

- illegal
- risks others' health and safety
- is about poor practice or leadership
- failure to meet statutory requirements

As long as you fit the <u>criteria for whistleblowing</u>, you are protected under the law.

To be a whistleblower, you need to be a worker. This includes:

- employees
- temporary agency staff
- home workers
- trainees on vocational schemes
- people whose employment has ended

You <u>must</u> have a whistleblowing policy if you have staff or childminding assistants. The policy must require immediate and prompt action without delay to report directly to senior manager and/or DSL, LADO/MASH <u>and Ofsted</u>

enquiries@ofsted.gov.uk

https://www.report-childcare-incident.service.gov.uk/serious-incident/childcare/update-incident/

https://www.gov.uk/guidance/report-a-serious-childcare-incident

Mental Health & Wellbeing of Parents

As you are acutely aware there is increased concern regarding Parental Mental Health. The GCSP have been focussed on this area of concern for some time but it has been a particular priority during the pandemic and the increase in cases (including child deaths) that may be linked to Parental Mental Health.

The GSCP Schools Sub Group have procured the following training and support materials (please see below and attached) which you may find useful.

This is **FREE training** accessible immediately online, please make available to all your staff working with families and parents and then evaluate its impact

WEBINAR: Raising Awareness about Parental Mental Health during COVID

https://mega.nz/file/G11k2Iqb#UR_Z_7sY1GncNZN6b_1y98XM9ZLZIKR6OcJ7vO6Kh5k



You have been sent this via the GSCP to be shared within your organisation, should you want or need to share this with a non-Greenwich agency, please seek permission from the GSCP.

Attached is the accompanying <u>PowerPoint Presentation</u>, <u>research paper</u> & <u>CRIB sheet</u> including a list of useful local support services which may be of use for your community.

The RBG MASH Team is always available to support and advise should you be concerned for a child's safety/wellbeing. Please do not hesitate to contact them should you have any concerns or wish to discuss a particular case.

Understanding domestic abuse & the impacts on children



Free Online Zoom Training

Thurs 4 March 2021

7pm – 8.30pm

I. Sign up on Direct Services to Schools

http://servicestoschools.royalgreenwich. gov.uk/courses/private,-voluntary-andindependent-(pvi)-and-childminders

2. Download Zoom app

https://zoom.us/download

3. Look out for meeting invite via email

The training session will explore:

- increasing awareness of domestic abuse
- the impacts of domestic abuse on children both in the short and long term
- how to recognise the signs of abuse as a survivor or witness
- how to respond to a disclosure of domestic abuse

To book https://servicestoschools.royalgreenwich.gov.uk/courses/pvi

Or email <a>eyc.training@royalgreenwich.gov.uk







Keeping babies and young children safe:

Understanding child development to build strong foundations

FREE SAFEGUARDING TRAINING

Please note this training will be delivered via zoom

II March 2021

10am – 3pm

For early years managers, designated safeguarding leads, room leaders and childminders

A new refresher on early child development so that practitioners and staff are better equipped to identify and respond to concerns about babies and young children.

Following the deaths of babies and young children, this training is strongly recommended

By the end of this **one day** programme participants will have a good understanding of

- infant brain development (pre-birth to 4 years)
- attachment theory
- how babies and young children communicate language development and behaviour
- the impact of trauma and neglect on the child's development
- what can we do to support child development
- local opportunities and resources to promote the child's development

How to book https://servicestoschools.royalgreenwich.gov.uk/courses/pvi

or email eyc.training@royalgreenwich.gov.uk

Safe Sleeping for Babies

Babies and sleeping on sofas

Sleeping on a sofa with your baby increases the risk of Sudden Infant Death Syndrome (SIDS) by up to 50 times (<u>www.lullabytrust.org.uk</u>)

You may not intend to sleep on the sofa with you baby –it is important to make a plan to prevent this from happening:

- Keep a Moses basket by the sofa (without any toys or loose clothing inside)
- Feed you baby on a chair where you will not fall asleep
- Feed them whilst watching something or reading, something that will keep you awake
- Partner can take the baby to the cot or Moses basket
- Set an alarm to go off in 15/20 mins after feeding started if you feel sleepy, then move baby to their bed.



In the middle of the night you may be feeding your baby, you will be tired and think that "just this once it will be safe", as you're too tired to take your baby back upstairs.... If you have a plan you can prevent this



90% of babies who died whilst sharing a bed with an adult, died in hazardous co-sleeping situations.



To take the best steps to prevent SIDS, families should not fall asleep with their baby, especially when:

- they have recently drunk any alcohol
- they or their partner smoke
- they have taken any drugs that make them feel sleepy or affect their awareness
- their baby was born prematurely or weighed under 2.5kg or 5½ lbs when they were born
- In these scenarios, it is always best to put baby in their own safe sleep space such as a cot or a Moses basket. (<u>www.lullabytrust.org.uk</u>)

Digital Offers by Children's Centres and Greenwich Libraries

https://www.facebook.com/pg/Greenwich-Libraries-375637446612900/videos/

F Greenwich Libraries Q

Children's Centres

To get in touch with your local Children's Centre by phone – you can find their contact details here

https://www.royalgreenwich.gov.uk/directory/15/childrens_centres

EAST CHILDREN'S CENTRES

www.facebook.com/abbeywoodthamesmeadchildrenscentres

Telephone 020 8311 5491 / Email waterways@gll.org

SOUTH GREENWICH CHILDREN'S CENTRES

www.facebook.com/southgreenwichchildrenscentres

Tel: 020 8859 1110 / Email: SGCCSM@gll.org

GREENWICH WEST CHILDREN'S CENTRES

Website: https://www.quaggydevelopmenttrust.org/

Facebook: https://www.facebook.com/quaggycc

Follow Halo the Hippo <u>https://www.facebook.com/halothehippo</u>

CENTRAL GREENWICH CHILDREN'S CENTRES

http://www.homestartgreenwich.org.uk/

Join us on Facebook Follow us on instagram