

Health and Adult Services

Our vision



easy
read

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In this easy read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are [blue and underlined](#). These are links which will go to another website which has more information.

Introduction



Royal Borough of Greenwich wants everyone who lives in our area to live the best life they can.



We want to make sure our adult health care and **social care** help you to live well.

Social care is support you need to look after yourself. Social care workers include nurses, care home workers and social workers.



This information explains **our vision** for adult health and social care from 2021 to 2024.



Our vision is how we want things to be in the future.

Why we need a new vision



The world is changing, so we need to change too.

More people



We have more people living in our area.

We have lots of people who have more than one long-term health condition.

Diversity



We have more **diversity** than we used to.

Diversity means people are not all the same. People come from different backgrounds, make different choices or are good at different things.



But things are not equal for everybody.



For example, Black or Black British people in the area who have physical care needs go into social care much earlier than white people.



We want services to be equal for everyone.

Health



People are getting older and living longer, but their mental and physical health is worse.

More people have mental health problems than before.



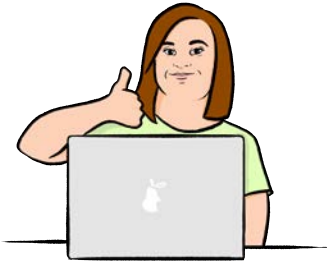
More people are not a healthy weight.



Half of people over 65 live with **frailty**.

Frailty is when older people walk slowly, get tired easily and struggle to get out of a chair or climb stairs.

Technology

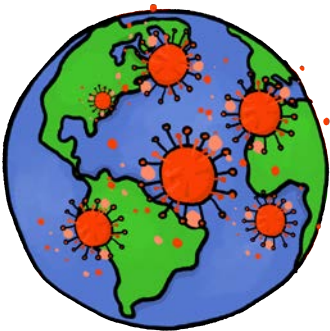


Computers and smartphones are changing how we talk to each other and use services.



Science and medicine are helping people to live longer.

COVID-19 pandemic



COVID-19 is also called Coronavirus. It is a new illness that can affect your lungs and breathing.

Pandemic means the illness is spreading round the world.



Over 9 thousand people in our area **shielded** during the pandemic.

Shielding means staying at home away from other people to keep yourself safe.



This has made people more lonely and affected their mental health.

How our work has been affected



In the last 5 years, it has become more expensive to look after people.



Nearly 2 thirds of the money we spend on health and adult services is spent on only 1 thousand people in the area.



Spending more money each year is not always making things better for people.

How Health and Adult Services must change



We want to work together to:

- give people better care and help them live independently



- provide more choice for people and give them more control over their lives



- use our money and equipment in better ways.

What we plan to do



We have 3 strengths that we want to build on and use to improve things:

1. Strength in people

We want to:

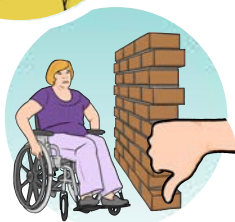
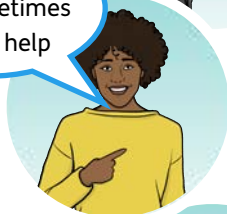
- help people to be as active and independent as possible
- solve problems together
- give people the support they need.

We will:

- ask people what matters to them and what they want
- focus on what people can do, not what they cannot do
- work together with people to remove any barriers they might face.



I can do this
but sometimes
I need help



2. Strength in communities



Communities are groups of people living together in the same area.

We want people to be included in and supported by their communities.

We will work with:

- people, their families and friends to connect them to their communities
- other organisations to improve access to services and give people better chances in life.



3. Strength in diversity

We want to:

- treat everyone fairly and with respect
- make things equal for everyone





- stop **discrimination**.

Discrimination is when you are treated badly or unfairly because of your sex, race, religion, disability, health condition or sexual orientation.

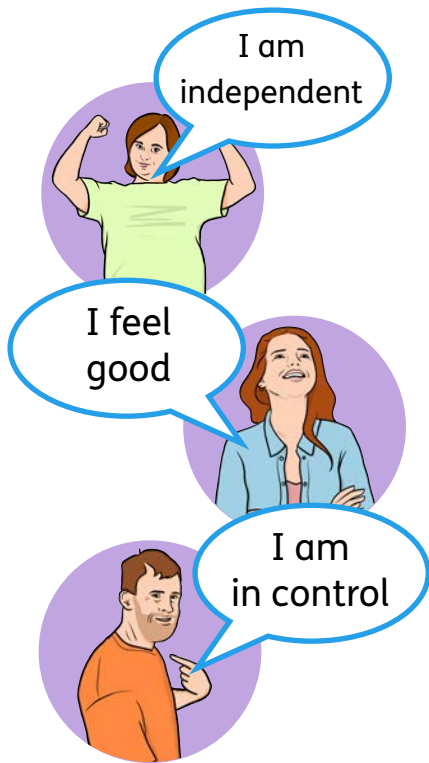


We will:

- listen to people, staff and organisations
- work on ways to make things equal for everyone.



How we will make our vision happen



We will:

- work with individual people so that they have:
 - independence - they can do things on their own
 - wellbeing - they feel good about themselves
 - choice and control over what they do in their lives.



- work with local people who use our services so that we can improve them



- make sure people can get the help they need before their health, wellbeing and independence are affected



- work with other organisations to improve things together



- support our staff and give them training



- change how we work in health and adult services, and other services inside and outside the Council.

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