



Easy
Read

Our plan to support carers in the Royal Borough of Greenwich 2022 to 2027



Contents

Page

Introduction 3

Carers in Greenwich now 4

What we want for carers 6

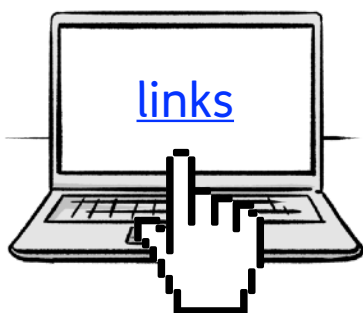
Our plan for carers 8

How we will make sure our plan is working 15

For more information 17



In this Easy Read document, hard words are in **bold**. We explain what these words mean in the sentence after we have used them.



Some words are [blue and underlined](#).
These are links that will go to another website which has more information.

Introduction



The Royal Borough of Greenwich and the Southeast London Integrated Care System have written a plan to support carers in the Greenwich area.

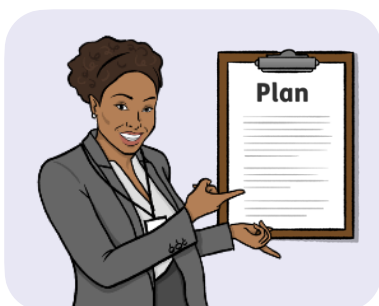
This Easy Read information will tell you about:



- Some of the problems that carers face now.



- What we want for carers.



- What we plan to do.

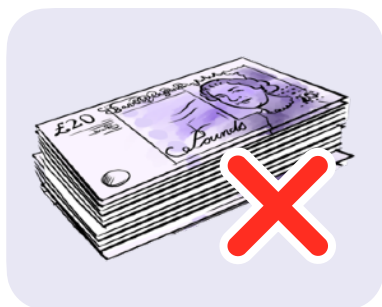


- How we will make sure our plans are working.

Carers in Greenwich now



We describe a carer as someone who supports a family member or friend to live their life.

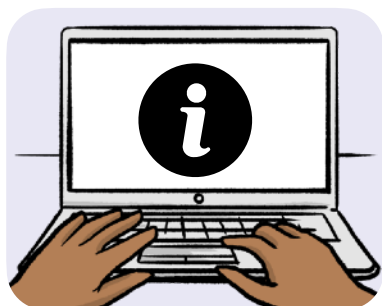


They do not get paid to give this support.

Carers in Greenwich already have access to some services, like:



- Information and support from Greenwich Carers Centre.

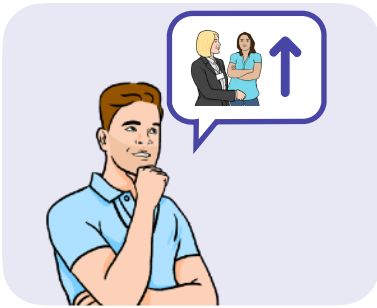


- Online information which includes a list of all the organisations that can support carers.



- Carers Assessments - these are when a carer meets with a professional to work out what kind of help and support they need.

In 2021 we asked carers in Greenwich to tell us:



- How we can improve services and support for carers.



- What problems there are with services and support for carers.

We found out that there are some problems with services and support for carers in Greenwich:



- Different carer services are not working together.



- The support available for young carers growing up and becoming an adult carer is not clear.



- Local businesses are not doing enough to make their services accessible to carers.

What we want for carers

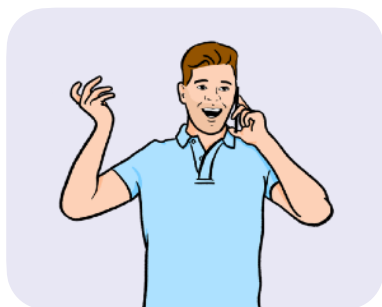
We want adult carers in Greenwich to:



1. Be treated with respect as someone who has a lot of knowledge about giving care.



2. Have access to services and support that meets their needs.



3. Have a life and have fun outside of their role as a carer.



4. Have access to support that will help them with money problems.



5. Be supported to stay healthy.

We also want young carers in Greenwich to:



6. Have the support they need to enjoy their childhood.



7. Know that their whole family is supported as they move into an adult carer role.

Our plan for carers



To achieve what we want for carers we have written a plan.

To help us write our plan we have:



- Followed care laws set out by the government, like the 2014 Care Act.



- Used information we found out from listening to carers.



- Looked at what we have learnt from our work to keep adults safe from harm and abuse.

1. Treating carers with respect

To make sure carers are treated with respect we will:



- Make sure carers are recognised by health and social care teams.



- Check information for carers is up to date and available in a way that they can understand.



- Give information and support to carers from lots of different backgrounds.



- Make sure information and advice is always being given to carers.



- Include carers when we plan and make decisions about services.

2. Making sure carers have access to services and support

To make sure carers can get services and support that meets their needs we will:



- Make sure Carers Assessments are carried out by professionals who include the carer.



- Support carers to know how to get the help they need themselves.



- Train health care staff to know how to support carers.



- Make sure services meet the needs of carers from lots of different backgrounds.



- Help carers to contact each other for support.

3. Making sure carers have a life outside of their carer role

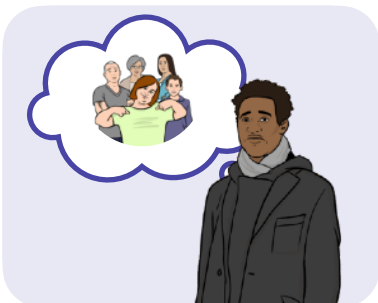
To make sure carers have a life and have fun outside of their role as a carer we will:



- Offer carers lots of different ways that they can take a break from their role as a carer.



- Make sure carer support plans meet carers' needs.



- Support carers if they feel lonely.

4. Making sure carers can get support with money

To make sure carers are supported with money and any money problems they may have, we will:



- Work with other organisations to help carers find a job.



- Make sure carers know about the different **benefits** they can get.

Benefits is money the government gives to some people to help pay for the things they need to live.



- Look at ways of being able to recognise who is a carer, like by using a Community Carers Passport.

5. Supporting carers to stay healthy

To make sure carers are supported to stay healthy, we will:



- Work with health care organisations to let carers know about what health care support they can get.



- Make sure carers have the same access to health care as other people.

6. Supporting young carers to enjoy their childhood

To make sure young carers are supported to enjoy their childhood we will:



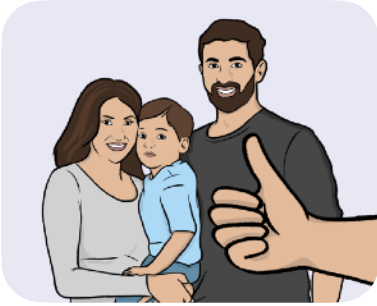
- Help young carers who are growing up and about to move into an adult carer role.



- Work with Children's Services to support young carers.

7. Making sure young carers and their families are supported

To make sure young carers' families are supported as they move into an adult carer role we will:



- Make sure families understand the role of carers and know the support they can get.

How we will make sure our plan is working

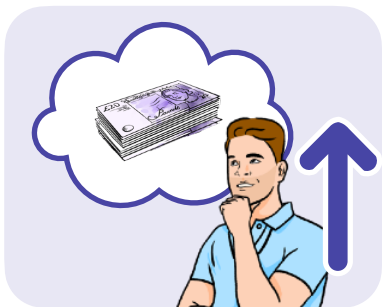
We will know our plan is working when:



- More carers are getting the support they need.



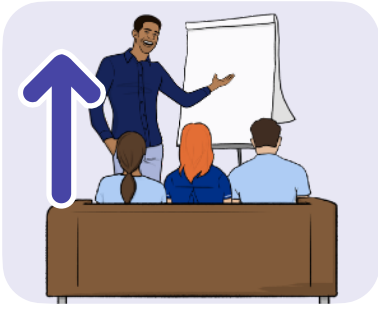
- More Carers Assessments are being done.



- More carers understand they can get benefits.



- More carers have jobs and know how they can take a break from their role as a carer.



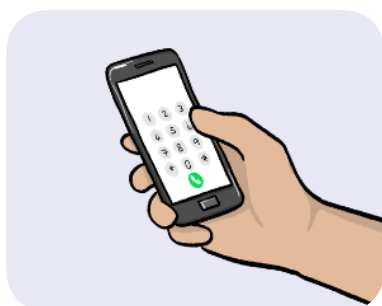
- More health care staff are trained in knowing how to support carers.

For more information



You can look at our website here:

www.royalgreenwich.gov.uk



You can also contact us by calling our telephone number: 020 8854 8888

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